

Sports Car

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Nathan Gardiner (SCO) - June 2025
音樂: Sports car - Tate McRae



Intro: 16 counts

Step Forward, Rock Forward, Recover, Shuffle Back, Rock Back, Recover, R Lock Step

- 1 Step forward on R
- 2-3 Rock forward on L, Recover on R
- 4&5 Step back on L, Step R next to L, Step back on L
- 6-7 Rock back on R, Recover on L
- 8&1 Step forward on R, Lock L behind R, Step forward on R

Step Pivot $\frac{3}{4}$ R, Chasse L, $\frac{1}{8}$ R Rock Back, Recover, Kick Ball Step

- 2-3 Step forward on R, Pivot $\frac{3}{4}$ R
- 4&5 Step L to L side, Step R next to L, Step L to L side
- 6-7 $\frac{1}{8}$ R rocking back on R, Recover on L
- 8&1 Kick R to R diagonal, Step R next to L, Step L slightly forward

Touch, Knee Twist, Kick Ball Step, Rock Forward, Recover, Rock Forward, Recover, Step Forward

- 2 Touch R to R diagonal
- 3& Twist R knee in, Twist R knee back to centre
- 4&5 Kick R forward, Step R next to L, Step L forward
- 6-7 Rock forward on R (Push hips forward), Recover on L (Push hips back)
- 8&1 Rock forward on R (Pushing hips forward), Recover on L (Pushing hips back), Step forward on R Pushing hips forward (This section danced on the R diagonal)

Rock Forward, Recover, Shuffle $\frac{1}{2}$ L, Rock Forward, Recover, Coaster Step $\frac{1}{8}$ R

- 2-3 Rock forward on L, Recover on R
- 4&5 $\frac{1}{4}$ L stepping L to L side, Step R next to L, $\frac{1}{4}$ L stepping forward on L
- 6-7 Rock forward on R, Recover on L
- 8& $\frac{1}{8}$ R stepping back on R, Step L next to R

Tag: End of wall 4

Step Forward, Rock Forward, Recover, Shuffle $\frac{1}{2}$ L, Rock Forward, Recover, Shuffle $\frac{1}{2}$ R

- 1 Step forward on R
- 2-3 Rock forward on L, Recover on R
- 4&5 $\frac{1}{4}$ L stepping L to L side, Step R next to L, $\frac{1}{4}$ L stepping forward on L
- 6-7 Rock forward on R, Recover on L
- 8&1 $\frac{1}{4}$ R stepping R to R side, Step L next to R, $\frac{1}{4}$ R stepping forward on R

Step Pivot $\frac{1}{2}$ R, L Lock Step, Full Turn L, R Lock

- 2-3 Step forward on L, Pivot $\frac{1}{2}$ R
- 4&5 Step forward on L, Lock R behind L, Step forward on L
- 6-7 $\frac{1}{2}$ L stepping back on R, $\frac{1}{2}$ L stepping forward on L
- 8& Step forward on R, Lock L behind R

Contact: nathan.gardiner1998@hotmail.co.uk