

If You Love Me Now

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Sherry Barrett (USA) - June 2025
音樂: if you love me now - Alana Springsteen



#32 count intro (Clockwise rotation)

[1-8] R Side Point-Flick, Vine-heel, Step-Heel

1-4 R Point side R, R flick behind L, R side, L behind
5-8 R side R, L heel forward, L close, R heel forward

[9-16] R Jazz box-heel, L Jazz box-heel**

1-4 R cross, L back, R side, L heel forward
5-8 L cross, R back, L side, R heel forward

[17-24] R Forward-Touch, L Back-Kick, R Back Rock, R Step Turn 1/4L

1-4 R Forward, L touch toe behind, L back, R Kick
5-8 R back rock, L pivot 1/4L (9:00)

[25-32] R Step Turn 1/4L, R Step Turn 1/4L, R Rocking Chair

1-4 R forward, L pivot 1/4L, (6:00), R forward, L pivot 1/4L (3:00)
5-8 R rock forward, L recover, R rock back, L recover

****Restart Wall 5 after first 16 counts facing 12:00**

I expect this dance will make beginner and advanced dancers happy because I left space for the spins and turns and kicks and flair that will inevitably come. Enjoy!

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