

I Am My Own Arrow

COPPER KNOB
STEPPERS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Shari Bernhard (USA) - May 2025
音樂: Arrow - The Head and the Heart



Start at count 16 into the first verse (lyrics "Wish my goodbyes could be more innocent") with a 16-count tag, starting on the right foot, facing the audience; no restarts. After last Section 6, turn to the audience as the music fades.

STARTING TAG:

Side-Shuffle, Rock-Back, Side-Shuffle, Rock-Back

- 1 & 2 Shuffle to the left, left-right-left
- 3 4 Rock back on right foot, recover on left foot
- 5 & 6 Shuffle to the right, right-left-right
- 7 8 Rock back on left foot, recover on right foot

V-Step, Back, Touch, Rock-Forward, Rock-Back

- 1 2 Step forward diagonally on left foot, step forward diagonally on right foot
- 3 4 Step back on left foot, touch right next to left
- 5 6 Rock forward on right foot, recover on left foot
- 7 8 Rock back on right foot, recover on left foot
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Section 1: Kick-Ball-Change, Side-Rock, Sailor-Step, Sailor-Step

- 1 & 2 Kick right foot, step in place with right (&), step on left
- 3 4 Step right foot out to the right side, rock back on left
- 5 & 6 Cross right behind left, step left next to right (&), step right to right side
- 7 & 8 Cross left behind right, step right next to left (&), step left to left side

Section 2: Side, Behind, Side, Cross, Side-Rock, Behind, Side

- 1 2 Step right foot to the right, step left foot behind right
- 3 4 Step right foot to the right, step left foot in front of right
- 5 6 Step right foot out to the right side, rock back on left
- 7 8 Step right foot behind left, step left foot to the left

Section 3: Rock-Recover, Coaster Step, Jazz-Box-Quarter-Step

- 1 2 Rock forward on right foot, recover on left
- 3 & 4 Step back on right foot, step left next to right (&), step forward on right
- 5 6 Cross left over right, step back on right
- 7 8 Turn ¼ to left on left foot, step forward on right foot

Section 4: Forward-Rolling-Turn-Step, Side-Rock, Back, Flick

- 1 2 Step ¼ to the right on left foot, step ½ to the right on right foot
- 3 4 Step ¼ to the right on left foot, step on right foot
- 5 6 Step to the left on left foot, recover on right
- 7 8 Step back on left foot, flick right foot to left shin

Section 5: Step-Touch, Step-Touch, Back-Touch, Back-Touch

- 1 2 Step forward to the right side with right foot, touch left foot next to right
- 3 4 Step forward on left foot, touch right next to left
- 5 6 Step back to the right side with right foot, bring left foot next to right
- 7 8 Step back on left foot, touch right next to left (do not put weight on right foot)

Section 6: Rock-Back, Step, Pivot, Walk, Walk, Shuffle-Forward

- 1 2 Rock back on right foot, recover on left foot
- 3 4 Step forward on right foot, pivot 1/2 turn, weight on left foot
- 5 6 Walk right, walk left
- 7 & 8 Shuffle forward right-left-right

Section 7: Side-Shuffle, Rock-Back, Side-Shuffle, Rock-Back

- 1 & 2 Shuffle to the left, left-right-left
- 3 4 Rock back on right foot, recover on left foot
- 5 & 6 Shuffle to the right, right-left-right
- 7 8 Rock back on left foot, recover on right foot

Section 8: V-Step, Back, Touch, Jazz-Box-Quarter-Step

- 1 2 Step forward diagonally on left foot, step forward diagonally on right foot
- 3 4 Step back on left foot, touch right next to left
- 5 6 Cross right foot over left, step back on left foot
- 7 8 Turn ¼ to right on right foot, step forward on left foot

END OF DANCE**LAST WALL TAG IN SECTION 6****Rock-Back, Step, Pivot, Walk, Walk, Shuffle - Turn ¼ left to face audience as music fades**

- 1 2 Rock back on right foot, recover on left foot
 - 3 4 Step forward on right foot, pivot 1/2 turn, weight on left foot
 - 5 6 Walk right, walk left
 - 7 & 8 Shuffle forward right-left-right; then ¼ turn to the left to face audience
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