

All Alone

COPPER KNOB
STEPPERS

拍數: 30 牆數: 4 級數: Easy Intermediate NC2S
編舞者: Ririn Pramihapsari (INA) - June 2025
音樂: We're All Alone - Rita Coolidge



Sec 1. FWD WITH SWEEP - CROSS - SIDE- BACK WITH SWEEP - BEHIND - 1/4 L - NIGHT CLUB R L

1 2& Step R fwd sweep L fwd (1) - cross L over R (2) - step R to side (&)
3 4& Step L back sweep R back (3) - cross R behind L (4) - 1/4 turn L - step L fwd (9.00)(&)
5 6& Step R to side (5) - step L slightly behind R (6) - cross R over L (&)
7 8& Step L to side (7) - step R slightly behind L (8) - cross L over R (&)

Sec 2. 1/4 R FWD - WALKING TURN AROUND - FWD - FULL TURN - 1/2 DIAMOND

1 2& 1/4 turn R step R fwd (12.00)(1) - step L fwd (2) - 1/2 turn R step R in place (6.00)(&)
3 4& Step L fwd (3) - 1/2 turn L step R back (4) - 1/2 turn L step L fwd (&)
5 6& Step R to side (5) - 1/8 turn L step L back (4.30)(6) - step R back (&)
7 8& 1/8 turn L step L to side (3.00)(7) - 1/8 turn L step R fwd (1.30)(8) - step L fwd (&)

BRIDGE : Here on wall 5 (4 Counts)

1/2 DIAMOND

1 2& Step R to side (1) - 1/8 turn L step L back (2) - step R back (&)
3 4& 1/8 turn L step L to side (3) - 1/8 turn L step R fwd (4) - step L fwd (&)

Sec 3. SIDE - BEHIND - SIDE - FWD WITH SWEEP - CROSS - 1/4 R BACK - SIDE - CROSS ROCK - SIDE - WALK

1 2& 1/8 turn L step R to side (12.00)(1) - cross L behind R (2) - step R to side (&)
3 4& Step L fwd with sweep R (3) - cross R over L (4) - 1/4 turn R step L back (3.00)(&)
5 6& Step R to side (5) - rock L cross over R (6) - recover on R (&)
7 8& Step L to side (7) - step R fwd (8) - step L fwd (&)

Sec 4. 1/2 L BACK WITH SWEEP - CROSS BEHIND - SIDE - CROSS ROCK - SIDE - SWAY RL

1 2& 1/2 turn L step R back sweep L back (9.00)(1) - step L behind R (2) - step R to side (&)
3 4& Rock L cross over R (3) - recover on R (4) - step L to side (&)
5 6 Sway upper body to R (5) - sway upper body to L (6)

Please enjoy the dance and keep healthy..

Last Update: 29 Jun 2025