

Just One More Day

COPPER KNOB
STEPPERS

拍數: 40 牆數: 4 級數: Beginner
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音樂: One More Day - Annie Rhodes



Section 1. SIDE TOGETHER, HEEL DIG, BACK TOUCH

1 2 RF step side to right, LF step close to RF
3 4 RF step back, LF heel touch fwd
5 6 LF step on place, RF touch backward
7 8 RF step back , LF touch close to RF

Section 2. SIDE TOGETHER, FWRD TOUCH, BACK HEEL, FWRD, BRUSH

1 2 LF step side to left, RF step close to LF
3 4 LF step fwd , RF touch close to LF
5 6 RF step back, LF heel touch fwd
7 8 LF step on place , RF brush

Section 3. PIVOT 1/2 L, FWRD, HOLD, PIVOT 1/2 R, FWRD, HOLD

1 2 RF step fwd, 1/2 turn left step LF fwd
3 4 RF step fwd , hold
5 6 LF step fwd , 1/2 turn right step RF fwd
7 8 LF step fwd, hold

Section 4. TWIST, HOLD (R/L)

1 2 Twist heels to right, twist toes to right
3 4 Twist heels to right, hold
5 6 Twist heels to left, twist toes to left
7 8 Twist heels to left , hold

Section 5. KICK 2X, BACK ROCK, JAZZ BOX TURN 1/4 R

1 2 RF kick kick
3 4 RF step back , recover on LF
5 6 RF cross to LF , LF step back turn 1/4 right
7 8 RF step side to right, LF step fwd

Lets Dance..

Contact Person

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