

Baila Loca Coca Loca

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Phrased Beginner
編舞者: Ernie Yin (INA) - June 2025
音樂: Baila Loca Coca Loca - LOW PRO



SEQ : A BB AAA BB AAAA BB AAA BB B*B*B*B*

B* = slower step follow the beat of the music

PART A

I. SKATE R&L - DIAGONAL R SHUFFLE - CROSS - BACK - BACK DIAGONAL L - CROSS - BACK - BACK

- 1 2 Skate to diagonal forward R & L
- 3 & 4 Step Rf to diagonal R forward - step Lf close behind Rf - Step Rf to diagonal forward R
- 5 & 6 Step Lf cross over Rf - Step Rf back - Step Lf diagonal L back
- 7 & 8 Step Rf cross over Lf - Step Lf back - Step Rf back

II. BACK ROCK - FORWARD SHUFFLE - 1/2 PADDLE L

- 1 2 Step Lf back - Recover on Rf
- 3 & 4 Step Lf forward - Step Rf close behind Lf - Step Lf forward
- 5 & 6& Turn 1/8 L Touch Rf to side - Turn 1/8 L - Touch Rf to side - Turn 1/8 L
- 7 & 8 Touch Rf to side - Turn 1/8 L - Touch Rf to side

PART B

I. CROSS ROCK - SIDE ROCK - CROSS - SIDE - CLOSE - CROSS - SIDE - CROSS SHUFFLE

- 1 & Step Rf cross over Lf - Recover on Lf
- 2 & Step Rf to side - Recover on Lf
- 3 & 4 Step Rf cross over Lf - Step Lf to side - Close Rf beside Lf
- 5 6 Step Lf cross over Rf - Step Rf to side
- 7 & 8 Step Lf cross over Rf - Step Rf to side - Step Lf cross over Rf

II. SIDE - RECOVER - BACK SIDE CROSS - TOUCH SIDE - TURN 1/2 TOUCH SIDE - SAILOR

- 1 2 Step Rf to side - Recover on Lf [can use hip sway on count 1 2]
- 3 & 4 Step Rf behind Lf - Step Lf to side - Step Rf cross over Lf
- 5 & 6 Touch Lf to side - Turn 1/2 L - Touch Lf to side
- 7 & 8 Step Lf behind Rf - Close Rf beside Lf - Step Lf to side

SEQ : A BB AAA BB AAAA BB AAA BB B*B*B*B*

B* = slower step follow the beat of the music

HOPE YOU ENJOY THE DANCE...

Last Update: 30 Jun 2025