Nana Over and Over

級數: High Beginner

編舞者: Chany Jung (KOR) - July 2025

音樂: Over and Over - Nana Mouskouri

牆數:4

Start on vocals

** 2 Restarts! You're Welcome.

拍數: 32

S1: R RUMBA BOX

- 1-2 Step R to R side, Step L next to R
- 3-4 Step R forward, Hold
- 5-6 Step L to L side, Step R next to L
- 7-8 Step L back, Hold

S2: R SIDE, L TOGETHER, R SIDE, L DRAG, L CROSS ROCK, RECOVER, L SIDE, HOLD

- 1-2 Step R to R side, Step L next to R
- 3-4 Step R to R side, Drag L towards R
- 5-6 Cross rock L over R, Recover on R
- 7-8 Step L to L side, Hold

S3: R CROSS, L SIDE, R BEHIND, L SIDE, R CROSS ROCK, RECOVER, R SIDE, HOLD

- 1-2 Cross R over L, Step L to L side
- 3-4 Cross R behind L, Step L to L side
- 5-6 Cross Rock R over L, Recover on L
- 7-8 Step R to R side, Hold

S4: L FWD ROCK, RECOVER, 1/2 L SHUFFLE, R FWD ROCK, RECOVER, 1/4 R SIDE, TOGETHER

- 1-2 Rock L forward, Recover on R
- 3&4 Turn 1/4 L stepping L to L side, Step R next to L, Turn 1/4 L stepping L forward (6:00)
- 5-6 Rock R forward, Recover on L
- 7-8 Turn 1/4 R stepping R to R side, Step L next to R (9:00)

Restart 1: On Wall 3, after 8 counts, facing (6:00)

Restart 2 : On wall 6, after 24 counts and L Step Forward (25counts), facing (12:00)

I HOPE YOU ENJOY IT WITH A SMILE!! jwoongjae@naver.com



