Let's Do It

拍數: 96

級數: Phrased Intermediate

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** Intro : 4 Counts

** Sequence: A, A (16 Counts), B, C, A, A (16 Counts), B, C, B, C

- A part -

- S1. Back, Back, Out, Out, Heel up, Down, Side, 1/4 samba step, Forward
- 1-2& Step RF back, Step LF back, Step RF to R diagonal back
- 3&4 Step LF to L diagonal back, BF heel up, BF heel down
- 5-6& Step RF to R side, Cross LF over RF, Rock RF to R side
- 7-8 Recover on LF turning 1/4 L, Step RF fwd

S2. Rock Forward/Recover, Shuffle forward, Back, 1/4 forward, 1/4 back, 1/4 side

- 1-2 Rock LF Fwd, Recover weight on RF
- 3&4 Step LF fwd, Step RF next to LF, Step LF fwd
- 5-6 Step RF back, 1/4 turn L step LF fwd
- 7-8 1/4 turn L step RF back, 1/4 turn step LF to L side

S3. Dorothy R, Dorothy L, Mambo step, step 1/2

- 1-2& Step RF to R diagonal, Lock LF behind RF, Step RF to R diagonal
- 3-4& Step LF to L diagonal, Lock RF behind LF, Step LF to L diagonal
- 5&6 Step RF fwd, Recover onto LF, Close RF nest to LF
- 7-8 Step LF fwd, 1/2 turn R stepping onto RF

S4. Kick, ball, Side rock/Recover, Kick, ball, Close, Jaxx Bax, Forward

- 1&2& LF kick fwd, Close LF next to RF on ball, Rock RF to R side, Recover weight on LF
- 3&4 RF kick fwd, Close RF next to LF on ball, Close LF next to RF
- 5-6 Cross RF over LF, Step LF back
- 7-8 Step RF to R side, Step LF fwd

- B part -

S1. R Side with body wave, Close with clap, L Side with body wave, Close with clap

- 1-4 Step RF to R side & divide the body wave into 3 counts, Close LF next to RF & clap hands
 5-8 Step LF to L side & divide the body wave into 3 counts, Close RF next to LF & clap hands (Weight RF)
- (Weight Har)

S2. Rocking chair, step 1/2, Walk, Walk

- 1-2 Rcok LF fwd, Recover weight on RF
- 3-4 Rock LF back, Recover weight on RF
- 5-6 Step LF fwd, 1/2 R turn stepping onto RF
- 7-8 Step LF fwd, Step RF fwd

S3. L Side with body wave, Close with clap, R Side with body wave, Close with clap

1-4 Step LF to L side & divide the body wave into 3 counts, Close RF next to LF & clap hands
5-8 Step RF to R side & divide the body wave into 3 counts, Close LF next to RF & clap hands (Weight LF)

S4. 1/8 Rock Fwd/Recover, Roger rabbit, 1/8 coaster step, 1/4 Forward, 1/4 Jump

- 1-2 1/8 turn L rock RF Fwd, Recover weight on LF
- 3&4 Step back RF hitching left knee, step down on LF, step back RF hitching left knee





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- 5&6 1/8 turn R step LF back, close RF next to LF, step LF Fwd
- 7-8 1/4 turn R step RF fwd, 1/4 turn R Jump together on both feet

- C part -

S1. R Fwd Diagonal, Swivel×2, Close, L Fwd Diagonal, Swivel×2, Close

- 1&2&3 Step RF fwd to R diagonal, BF Swivel heel left, BF Recover, BF Swivel heel left, BF Recover (weight LF)
- 4 Close RF next to LF
- 5&6&7 Step LF fwd to L diagonal, BF Swivel heel left, BF Recover, BF Swivel heel left, BF Recover (weight RF)
- 8 Close LF next to RF

S2. Shuffle Fwd, Kick, ball, Forward, Rock Fwd/Recover, 1/2 forward, forward

- 1&2 Step RF fwd, Step LF next to RF, Step RF fwd
- 3&4 Kick LF fwd, Close LF next to RF on ball, Step RF fwd
- 5-6 Rock LF fwd, Recover weight on RF
- 7-8 1/2 turn L stepping LF fwd, Step RF fwd

S3. L Fwd Diagonal, Swivel×2, Close, R Fwd Diagonal, Swivel×2, Close

- 1&2&3 Step LF fwd to L diagonal, BF Swivel heel left, BF Recover, BF Swivel heel left, BF Recover (weight RF)
- 4 Close LF next to RF
- 5&6&7 Step RF fwd to R diagonal, BF Swivel heel left, BF Recover, BF Swivel heel left, BF Recover (weight LF)
- 8 Close RF next to LF

S4. Shuffle Fwd, Kick, ball, Forward, Rock Fwd/Recover, 1/2 forward, Close

- 1&2 Step LF fwd, Step RF next to LF, Step LF fwd
- 3&4 Kick RF fwd, Close RF next to LF on ball, Step LF fwd
- 5-6 Rock RF fwd, Recover weight on LF
- 7-8 1/2 turn R stepping RF fwd, Close LF next to RF

** I hope you enjoy this time and be happy.