

Rapper's Bang Boogie

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Improver
編舞者: Hope Petro (USA) - June 2025
音樂: Rapper's Delight - The Sugarhill Gang : (Single)



Starts on lyrics (18 seconds in)

[1-8] Stomp x 2, Paddle Turn x 2, Step and Hitch, Hip Movements

- 1,2 Stomp RF to side (1), stomp LF to side (2)
3&4& Turn $\frac{1}{8}$ left and press RF to side with arms out to sides and knees bent (move hips and/or shimmy shoulders) (3), recover weight to LF (&), repeat 3& (4&) - 9:00
5, 6 Straighten body and step RF forward (5), hitch L forward and do a little hop with RF (6)
7&8 Keep weight on RF as you drop LF forward and move hips to back (7), turn $\frac{1}{4}$ right and move hips to back-left position (&), move hips to forward-right position (8) - 12:00

[9-16] Cross/Rock, Full Turn, Rock, Turning Rock

- 1,2 Cross/Rock RF behind (1), recover to LF (2)
3&4 Step RF diagonally forward (3), full left turn (&), step LF forward on same diagonal (4) - 1:30
5&6 Rock RF forward (5), recover to LF (&), step RF together (6)
7&8 Turn $\frac{1}{8}$ right and rock LF forward (7), recover to RF (&), step LF together (8) - 3:00

Tag here if on wall 5

[17-24] Heel Jack x 2, Toe Swivel, Heel Swivel

- 1&2& Cross RF over LF (1), step LF to side (&), touch R heel diagonally forward (2), step RF to side (&)
3&4& Cross LF over RF (3), step RF to side (&), touch L heel diagonally forward (4), step LF to side (&)
5&6& Touch R toe forward and across (5), swivel R heel out (&), swivel R heel in (6), lower R heel (&) - 1:30
7&8 Touch L heel forward in same direction (7), swivel L toe out (&), swivel L toe in (8) - 1:30

Alternate steps (cross points) for counts 1-4:

- 1,2 Cross RF over LF (1), touch LF to side (2)
3,4 Cross LF over RF (3), touch RF to side (4)

[25-32] Pony Steps Back (Opt. Snap Fingers) x 2, Sailor Step, Turning Jazz Box

- 1&2 Step LF back and hitch R (1), step RF together (&), step LF slightly back and hitch R (opt. snap fingers) (2)
3&4 Step RF back and hitch L (3), step LF together (&), step RF slightly back and hitch L (opt. snap fingers) (4)
5&6 Cross LF behind RF (5), step RF to side (&), step LF to side (6)
7&8 Cross RF over LF (7), step LF back (&), turn $\frac{3}{8}$ right and step RF forward (8) - 6:00

[33-40] Walk Forward, Toe Touch and Hitch and Opt. Clap x 2

- 1,2 Step LF forward (1), step RF forward (2)
3,4 Step LF forward (3), step RF forward (4)
5,6& Touch LF to side (opt. lean body right) (5), step LF together (straighten body) (6), (opt.) clap (&)
7,8& Touch RF to side (opt. lean body left) (7), step RF together (straighten body) (8), (opt.) clap (&)

Alternate steps for counts 5-8 (consider switching mid-song or back-and-forth throughout the song):

- 5,6& Kick LF forward (5), touch RF to side (6), (opt.) clap (&)
7,8& Kick RF forward (7), touch LF to side (8), (opt.) clap (&)

[41-48] Steps Back, Coaster Step, Triple Step with Body Roll, Turn and Hitch

1,2 Step LF back (1), step RF back (2)

3&4 Step LF back (3), step RF together (&), step LF forward (4)

5&6 Step RF forward (5), step LF together (&), step RF forward (6)

***Add a body roll while performing 5&6**

7,8 Turn $\frac{3}{4}$ left and step LF to side (7), bring RF next to L leg and hitch R (8) - 9:00

TAG upon hitting wall 5, after step 16 (2:35 into the song): Jump and Paddle Turn x 2

&1,2 Jump both feet off the ground (&), land with feet shoulder-width apart (1), hold (2)

3&4& Turn $\frac{1}{4}$ left and press RF to side with arms out to sides and knees bent (move hips and/or shimmy shoulders) (3), recover weight to LF (&), repeat 3& (4&) -6:00

&5,6 Repeat steps &1,2

7,8 Repeat steps 3&4& - 12:00

Resume dance by doing the rock of the 9th count and continuing from there, optionally raising arms on the 11th and 12th counts
