

Flower

拍數: 32 牆數: 4 級數: Beginner
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音樂: FLOWER - JISOO



#32 count intro.

Weave front, side, behind, sweep, behind, side, cross rock

- 1-2 cross right over left, step to left side
- 3-4 step right behind left, sweep left behind right
- 5-6 step onto left behind right, step right to right side
- 7-8 cross rock left over right, recover weight onto right

****Harder Option – full turn****

Count 6 – step right 1/4 turn right, count 7 - step fwd left, count 8 – pivot 3/4 turn right

Side, touch, side, together, rocking chair

- 1-2 step left to left side, touch right beside left
- 3-4 step right to right side, close left to right
- 5-6 rock fwd right, recover weight to left
- 7-8 rock back right, recover weight to left

right lock step, side, back rock, side, together

- 1-2 step right to right diagonal, lock step left behind right
- 3-4 step right to right diagonal, step left to left side
- 5-6 rock right behind left, recover weight to left
- 7-8 step right to right side, close left beside right

rocking chair, paddle 1/4 turn

- 1-2 rock fwd right, recover weight to left
- 3-4 rock back right, recover weight to left - gently clapping right fingers to left palm
- 5-6 touch right fwd, paddle 1/8 turn left
- 7-8 touch right fwd, paddle 1/8 turn left

Optional arms on the paddle turn

Rotate hands down & outward twice – left arm across chest, right arm above head

Begin Again.

This dance is ripe to add lots of styling! Enjoy.

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