

All The Best

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Improver
編舞者: Lee Hamilton (SCO) - July 2025
音樂: All the Best - Isabella Kensington



Intro: 16 Counts (approx. 6s)

Section 1 [1-8] R Lock Step, Brush, L Lock Step, Brush

1234 Step forward on R (1), Lock L behind R (2), Step forward on R (3), Brush L beside R (4)
5678 Step forward on L (5), Lock R behind L (6), Step forward on L (7), Brush R beside L (8)

Section 2 [9-16] Rock Fwd, Recover, ½ Turn Toe Strut x 2, R Toe Strut Back

12 Rock forward on R (1), Recover weight on L (2)
34 Make ½ turn R touching R toes forward (3), Step down on R (4) (½ turn toe strut) 6:00
56 Make ½ turn R touching L toes back (5), Step down on L (6) (½ turn toe strut) 12:00
78 Touch R toes back (7), Step down on R (8)

Section 3 [17-24] Back L, Step R, Cross L, Kick R, Behind R, Side L, Cross R, Kick L

12 Step back on L (1), Step R next to L (2)
34 Cross step L over R (3), Kick R to R diagonal (4)
5678 Step R behind L (5), Step L to L side (6), Cross step R over L (7), Kick L to L diagonal (8)

Section 4 [25-32] Back L, Sweep R, Back R, Sweep L, Back L, Together, Heel Twists

12 Step back on L (1), Sweep R around from front to back (2)
34 Step back on R (3), Sweep L around from front to back (4)
56 Step back on L (5), Step R next to L (6)
78 Twist both heels L (7), Twist both heels back to centre (weight on L) (8)* 12:00

RESTART HERE DURING WALL 2 – FACING 3:00

Section 5 [33-40] Weave R, R Scissor Cross, Hold

1234 Step R to R side (1), Step L behind R (2), Step R to R side (3), Cross step L over R (4)
5678 Step R out to R side (5), Step L next to R (6), Cross step R over L (7), Hold (8)

Section 6 [41-48] Weave L, L Scissor Cross, Hold

1234 Step L to L side (1), Step R behind L (2), Step L to L side (3), Cross step R over L (4)
5678 Step L out to L side (5), Step R next to L (6), Cross step L over R (7), Hold (8)

Section 7 [49-56] ½ Rumba Box Fwd, Side L, Touch R, ¼ L Back R, Hook L

1234 Step R to R side (1), Step L next to R (2), Step forward on R (3), Touch L next to R (4)
5678 Step L to L side (5), Touch R next to L (6), Make ¼ turn L stepping slightly back on R (7),
Hook L in front of R shin (8) 9:00

Section 8 [57-64] L Lock Step, Hold, Step Fwd R, Pivot ½ L, Step Fwd R, Step Fwd L

1234 Step forward on L (1), Lock R behind L (2), Step forward on L (3), Hold (4)
56 Step forward on R (5), Make ½ turn L (weight forward on L) (6) 3:00
78 Step forward on R (7), Step forward on L (8)

TAG (8 counts) – done at the end of WALL 3 (facing 6:00)

K-Step with Brush

12 Step R forward to R diagonal (1), Touch L next to R (2)
34 Step L back to L diagonal (3), Touch R next to L (4)
56 Step R back to R diagonal (5), Touch L next to R (6)

ENDING

The music finishes at the end of WALL 8.

To finish the dance facing 12:00, replace the "½ turn L" at count 6 of Section 8 with "¼ turn L", then cross shuffle R over L for counts 7&8 to finish – ta da!!

Have fun!

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