

Vulindlela - Open The Way

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Improver
編舞者: Sebastiaan Holtland (NL) & Micaela Svensson Erlandsson (SWE) - July 2025
音樂: Vulindlela - Kurt Darren & Soweto Gospel Choir



Intro: 16 counts

Section 1:: Step. Hold. Ball. Step. Hold. Ball. Forward Mambo x2

1-2& Step forward on right foot. Hold. Step left beside right on ball of left.
3-4& Step forward on right foot. Hold. Step left beside right on ball of left.
5&6 Rock forward on right. Recover onto left. Step right beside left.
7&8 Rock forward on left. Recover onto right. Step left beside right.

Section 2: Forward Slow Coaster. Together. Step ½ Turn. Step ¼ Turn.

1-4 Step forward on right. Step left beside right. Step back on right. Step left beside right.
5-8 Step forward on right. Turn ½ left. Step forward on right. Turn ¼ left.

Styling: As you do count 1-4 of Section 2 add Chest Pushes x4

Section 3: Right Chasse. Triple ½ Turn. Right Chasse. Left Chasse ¼ Turn left.

1&2 Step right to right side. Close left beside right. Step right to right side.
3&4 Make a Triple ½ Turn over our left shoulder stepping left, right, left.
5&6 Step right to right side. Close left beside right. Step right to right side.
7&8 Step left to left side. Close right beside left. Turn ¼ left stepping forward on left.

Section 4: Toe Switches X3 Swivel. Toe Switches x2. Step. ¼ Turn left.

1& Touch right toes forward. Step right in place.
2& Touch left toes forward. Step left in place.
3&4 Touch right toes forward. Swivel right heel right. Return right heel to centre.
5& Touch right toes forward. Step right in place.
6& Touch left toes forward. Step left in place.
7-8 Step forward on right. Turn ¼ left and step left beside right.

Section 5: Step. Lock. Forward Lock Step. Rock Step. Triple ¾ Turn

1-2 Step forward on right foot. Lock left foot behind right foot.
3&4 Step forward on right. Lock left behind right. Step forward on right.
5-6 Rock forward on left. Recover onto right.
7&8 Make a Triple ¾ Turn over your left shoulder, stepping left, right, left.

Section 6: Cross. Side. Sailor Step. Behind. Side. Cross. Back Rock (Pushing hips back).

1-2 Cross right over left. Step left to left side.
3&4 Cross right behind left. Rock left to left side. Recover onto right.
5&6 Cross left behind right. Step right to right side. Cross left over right.
7-8 Rock back pushing your hips back. Recover onto left.