Proof's in the Proof



拍數: 32 牆數: 4 級數: Beginner

編舞者: Mackenzie Skyden (USA) - July 2025

音樂: last call - Rozei



**1 restart after 16 counts. Restart on wall 4. Wall 4 starts at 9:00, restart occurs facing 3:00. Step fwd out of the jazz box rather than crossing to make the restart more comfortable.

#32 Count Intro. Weight starts on left foot.

[1-8] Walk, walk, hop 1/4 turn, hold, hop 1/4 turn, hold, rock back R recover fwd L

12-	Step RF	forward (1), Step LF	forward	(2))
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3 4 – Jump lightly forward onto RF with ¼ turn to face 9:00, touch LF next to RF (3), Hold (4) 5 6 - Jump lightly backward onto LF with ¼ turn to face 6:00, touch RF next to LF (5), Hold (6)

78 - Rock back onto RF (7), Recover weight forward onto LF (8)

[9-16] Shuffle fwd RLR, Step L, sweep R across L, jazz box cross

1&2 - Step RF fwd (1), Step LF next to RF (&), Step RF fwd (2)

34 - Step LF fwd (3), Sweep RF from R side to crossed in front of LF

5 6 7 8 – Step on crossed RF (5), Step LF back (6), Step RF to R side (7), Cross LF over RF (8)**

[17-24] Lindy R, Lindy L

1&2 - Step R to R side (1), Step L next to R (&), Step R to R side (2)

3, 4 - Rock back on L (3), Recover on R (4)

5&6 - Step L to L side (5), Step R next to L (&), Step L to L side (6)

7, 8 - Rock back on R (7), Recover on L (8)

[25-32] Weave RLRLR, 1/4 pivot turn, kick ball change. Weight ends on the LF.

1 2 3 4 5- Step R to R side (1), Step L behind R (2), Step R to R side (3), Cross L over R (4), Step R to

R side (5)

6 – pivot ¼ turn to L (6). Weight transfers to LF, facing 3:00

7&8 - Kick RF forward (7), step on the ball of RF slightly behind (&), Step LF forward (8)

End of dance, have fun! Contact kenzie.skye.dances@gmail.com with questions. Demo video coming soon. Thanks to my Wednesday Night Brier Creek friends for suggesting the song to me!