Cham Cham Chamka (Shine, Shine, Shine)

拍數: 32

級數: High Beginner

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牆數: 4



COPPERKKO

** 2 Tags of 16 counts

Intro: 32 counts

Sequence Tags:

- T1. Starts directly after Intro, facing 12.00
- T2. After end of wall 2, facing 6.00

Tag 16 counts

Section 1 Cross Rock, Side Rock, Cross Rock, Side to L & R

- RF cross over LF (1), Recover on LF (&), RF step to R (2), Recover on LF, (&) RF cross over 1&2&3&4 LF (3), Recover on LF (&) RF step to R (4)
- LF cross over RF (5), Recover on RF (&), LF step to L (6), Recover on RF (&), LF cross over 5&6&7&8 RF (7), Recover on RF (&), LF step to L (8)

Section 2 Step Lock Step R & L, Step turn 1/2 x 2 to L

1&2,3&4 RF step fwd slightly diagonally to R (1), LT touch behind RF (&), RF step fwd(2), LF step fwd slightly diagonally to L (3), RF touch behing LF (&), LF step fwd (4).

Arms: Lift R/L arm up in front in a sweeping gesture. Put other hand on the hip. Change R/L

RF step fwd (5), Turn 1/2 to L recover on LF (6), RF step fwd (7), Turn 1/2 to L recover on LF 5,6,7,8 (8), facing 12.00 (tag 1), facing 6.00 (tag 2)

Dance starts after Tag 1

Section 1 Cross Rock, Side Rock, Cross Rock, Side to L & R

- 1&2&3&4 RF cross over LF (1), Recover on LF (&), RF step to R (2), Recover on LF, (&) RF cross over LF (3), Recover on LF (&) RF step to R (4)
- 5&6&7&8 LF cross over RF (5), Recover on RF (&), LF step to L (6), Recover on RF (&), LF cross over RF (7), Recover on RF (&), LF step to L (8)

Section 2 Step Lock Step R & L, Step turn 1/4 x 2 to L

1&2,3&4 RF step fwd slightly diagonally to R (1), LT touch behind RF (&), RF step fwd (2), LF step fwd slightly diagonally to L (3), RF touch behind LF (&), LF step fwd (4).

Arms: Lift R/L arm up in front in a sweeping gesture. Put other hand on the hip. Change R/L

RF step fwd (5), Turn 1/4 to L recover on LF (6), RF step fwd (7), Turn 1/4 to L recover on LF 5,6,7,8 (8), facing 6.00

Section 3 Cross Samba x 2 L & R fwd, Mambo RF fwd, Mambo LF back

- RF cross over LF (1), LF step to L (&), RF step to R moving fwd (2), LF Cross over RF (3), 1&2,3&4 RF step to R (&), LF step to L moving fwd (4)
- RF step to fwd (5), Recover on LF (&), RF step next to L (6), LF step back (7), Recover on 5&6,7&8 RF (&), LF step next to RF (8), facing 6.00

Section 4 Turn 1/4 to R Chassé to L, Turn 1/2 to R Chassé to L, Hip Sway fwd and back with arms doing a wave

1&2, RF step to R turning 1/4 to L (1), LF step together to RF (&), RF step to R (2), facing 9.00 Arms: R arm out to R with a rolling gesture. Put L hand back of the head.

3&4 Turn 1/2 to R and LF step to L (3), RF step together to LF (&), LF step to L (4), facing 3.00 Arms: L arm out to L with a rolling gesture. Put R hand back of the head.

5,6,7,8 Step R fwd turning slightly to L, Sway hip fwd (5), Sway hip backwards and put weight on LF (6), Sway hip fwd and put weight on RF (7), Sway hip backwards and put weight on LF (8), facing 3.00

Arms: Place L haft on the hip. Move R arm fwd like a wave (5), R arm follow back towards body (6), Repeat on count 7,8