

Silence

拍數: 32 牆數: 2 級數: Improver
編舞者: Mitha Primasari (INA) - June 2025
音樂: Silence by. Adele (AI Version)



Intro: Start on lyric 'Two'

S1. BASIC NIGHTCLUB R – L, SIDE, BEHIND, SIDE, CROSS ROCK, SIDE

- 1 – 2& Step R to side, Close L slightly behind R, Cross R over L
- 3 – 4& Step L to side, Close R slightly behind L, Cross L over R
- 5 – 6& Step R to side, Cross L behind R, Step R to side
- 7 – 8& Cross L over R, Recover on R, Step L to side

S2. TURN 1/8 ROCK STEP, RUN BACKWARD, COASTER STEP w/ SWEEP, SWEEP FWD, MODIFIED DIAMOND

- 1 – 2& Turn 1/8 left step R fwd (10.30), Recover on L, Step back on R,
- 3 – 4& Step back on L, Step back on R, Close L to R
- 5 – 6 Step R fwd sweep L to front, Step L fwd sweep R to front
- 7&8& Step R fwd, Turn 1/8 right step L to side (12.00), Turn 1/8 right step back on R (1.30), Step back on L

S3. 1/8 TURN, SWAY R – L, WEAVE w/ SWEEP, ROCK STEP, SIDE

- 1 – 2& Turn 1/8 right Step R to side (3.00), Sway L - R
- 3 – 4& Step L to side sweep on R to front, Cross R over L, Step L to side
- 5 – 6& Step R behind sweep on L to back, Cross L behind R, step R to side
- 7 – 8& Cross L over R, Recover on R, Step L to side

S4. 1/8 TURN WALK FWD, ½ CHASE TURN, WALK FWD, TOUCH 1/8 TURN

- 1 – 2 Turn 1/8 left step fwd on R (1.30), Step fwd on L
- 3 – 4& Step fwd on R, Step fwd on L, Turn ½ left step R in place (7.30)
- 5 – 6 Step L fwd, Step R fwd
- 7 – 8 Step L fwd, Turn 1/8 left touch R beside L (6.00)

Option:

- 5 – 6& Step L fwd, Turn ½ left step back on R, Turn ½ left step L fwd (7.30)
- 7 – 8& Step R fwd, Step L fwd, Turn 1/8 left touch R beside L (6.00)

NOTE:

Restart on Wall 2 – 5 – 7 after 16& count (Change Step: on (&) turn 1/8 left step L beside R)

Let's Dance

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