After Like

級數: Phrased Beginner



拍數: 64

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Intro : 8counts

Phrasing: A-A-B - A-A-A - B-A-B - B-A

No Tag, No Restart

Part A: 32c

S1 Diagonal Shuffle (R, L), Jazzbox

1&2	Step Rf diagonal, step Lf beside Rf, step Rf diagonal
3&4	Step Lf diagonal, step Rf beside Lf, step Lf diagonal
5,6,7,8	Cross Rf over Lf, stepping Lf back, step Rf to Rf side, cross Lf over Rf

牆數:2

S2 Side Jumping Step

- &1,2,&3,4 Jump R side Rf Lf(Raise your hands and clap), hold, jump R side Rf Lf(Put your hands down and clap), hold
- &5,6,&7,8 Jump L side Lf Rf(Raise your hands and clap), hold, jump L side Lf Rf(Put your hands down and clap), hold

S3 Rock&recover, Back step, Touch step(R, L)

- 1,2,3,4 Rock Rf fwd, recover onto Lf, step Rf Back, touch Lf beside Rf
- 5,6,7,8 Rock Lf fwd, recover onto Rf, step Lf Back, touch Rf beside Lf

S4 Rock&recover, Shuffle ½ Turn, V-Step(touch)

1,2,3&4Rock Rf fwd, recover back onto Lf, Shuffle step fwd making ½ turn right, stepping Rf, Lf, Rf5,6,7,8Step Lf out into Lf diagonal, step Rf out into Rf diagonal, step Lf back, touch Rf together

Part B: 32c

S1 Hip bumps

1,2,3,4,5,6,7,8 Step forward right, bumping hips

S2 Side Touch Step

1,2,3,4Side point Rf to Rf side, step back Rf, side point Lf to Lf side, step back Lf (with hip roll)5,6,7,8Side point Rf to Rf side, step back Rf, side point Lf to Lf side, step back Lf (with hip roll)

S3 Hip bumps R, L

- 1,2,3,4 Step Rf to Rf side, bumping hips
- 5,6,7,8 Weight to the left, bumping hips

S4 Montrey ¼ Turn X 2

- 1,2,3,4 Touch Rf to Rf side, On ball of Lf make ¼ turn R, stepping Rf beside Lf, touch Lf to Lf side, step Lf beside Rf
- 5,6,7,8 Touch Rf to Rf side, On ball of Lf make ¼ turn R, stepping Rf beside Lf, touch Lf to Lf side, step Lf beside Rf

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