Call It The Blues

拍數: 32

級數: High Beginner

編舞者: Michael Barr (USA) - July 2025

音樂: Call It the Blues - Harry Manx: (Album: Road Ragas)

No Tags No Restarts! [1-8] Sway R, Sway L, Triple R, Cross Rock, Return, Triple Le= 1-2 Sway body right (1); Sway body left (2) 3&4 Step RF side right (3); Step LF next to RF (&); Step RF side right (4) 5-6 Cross Rock LF in front of RF (5); Return weight onto RF in place (6) 7&8 Step LF side left (7); Step RF next to LF (&); Step LF side leR (8) [9-16] Cross Rock, Return, Triple 1/4 Turn R, Step Forward, 1/4 Turn R, Triple 1/2 Turn 1-2 Cross Rock RF in front of LF (1); Return weight onto LF in place (2) 3&4 Step RF side right (3); Step LF next to RF (&); Step RF into ¼ right stepping forward (4) 5-6 Step LF forward (5); Turn ¼ right onto RF (6) 7&8 Keep turning right turning ½ right for 7&8 LRL (facing 12 o'clock) Note: Easy Alternative for cts. 4-8 without turns: Step RF side right (4); Cross Rock LF in front of RF (5); Return weight onto RF (6) Step LF side le= (7); Step RF next to LF (&); Step LF side Le= (8) [17-24] Rock Back, Return, Forward 1/4 Pivot L, Cross Toe Strut, 1/4 L Toe Struct 1-2 Rock RF back (1); Return weight onto LF in place (2) 3-4 Step RF forward (3); Turn 1/4 left onto LF (4) 5-6 Step R-Toe over in front of LF (5): Drop R-Heel to floor (6) (facing 9 o'clock) 7-8 Turn ¼ left stepping onto L-Toe (7); Drop L-Heel to floor (8) (facing 6 o'clock) [25-32] Rocking Chair, Triple Forward, Triple Forward 1-2 Rock RF forward (1); Return weight center onto LF in place (2) 3-4 Rock RF back (3); Return weight center onto LF in place (4)

- Step RF forward (5); Step LF next to RF (&); Step RF forward (6) 5&6
- Step LF forward (7); Step RF next to LF (&); Step LF forward (8) (facing 6 o'clock) 7&8

Begin Again!

ENDING: Start the last wall (10th) at 6 o'clock (harmonica); Dance 1-8, then try this for 9-16: RF Cross Rock Return (1,2), Triple Side Right (3&4); Rock Forw. Return (5,6); ½ Turn Triple Le= (7&8) Ta Da to a round of applause from the audience (take a bow).

Note: Music goes off and on phrase during the rotations of the 32 counts. Therefore, no tags or restartsJ

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牆數:2