My True Colors

拍數: 64

級數: High Improver

編舞者: Linda LeClaire (USA) - July 2025

音樂: True Colors - Dugger Band

Lindy, Kick ball cross, Big step, drag

- 1&2 Shuffle right, together, right
- 3 4Rock back on L, recover on R
- 5&6 L Kick, ball, cross R over L
- 7 8 Big step to left, drag R to L with touch

Rock back, recover, Pivot ½, Shuffle ½, Rock Back Recover

- 1 2Rock back on R, recover on L
- 3 4Step forward on R, turn 1/2 left, putting weight on L
- 5&6 Shuffle 1/2 with R,L,R
- 7 8 Rock back on L, recover on R

Lindy, Kick ball change, Big step, drag

- 1&2 Shuffle left, together, left
- 3 4 Rock back on R, recover on L
- 5&6 R Kick, ball, cross L over R
- 7 8 Big step to right, drag L to R with touch

Rock back, recover, Pivot ½, Shuffle ½, Rock Back Recover

- 1 2Rock back on L, recover on R
- 3 4Step forward on L, turn 1/2 right, putting weight on R
- 5&6 Shuffle 1/2 with L,R,L
- 7 8 Rock back on R, recover on L

Rocking Chair, ¹/₄ jazz box

- 1 4 Rock forward on R, recover on L, rock back on R, recover on L *
- 5 8 Cross R over L, recover on L, turn 1/4 right, step L next to R

Rocking Chair, ¹/₄ jazz box

- 1 4Rock forward on R, recover on L, rock back on R, recover on L
- 5 8 Cross R over L, recover on L, turn 1/4 right, step L next to R

Side Rock, Cross, Side Rock, Cross

- 1 4Step R to right, recover on L, cross R over L
- 5 8 Step L to left, recover on R, cross L over R

Vine, Rolling Vine

- 1 4 Step R to right, step L behind R, step R to right, touch L next to R
- 5 8 Turn ¼ left, turn ½ left, turn ¼ left, touch R next to L

Tag: At the ends of walls 2 & 4 (you will be facing 12:00)

'V' Step, side, rock, recover, hold

- 1 2Step out toward 1:00 on R, step out towards 11:00 on L
- 3 4 Step back to center on R, step back to center on L
- 5 8 Step R to right, recover on L, step R next to L, hold

'V' Step, side, rock, recover, hold





牆數:2

- 1 2 Step out toward 11:00 on L, step out towards 1:00 on R
- 3 4 Step back to center on L, step back to center on R
- 5 8 Step L to left, recover on R, step L next to R, hold

*Restart on Wall 5: after 36 counts. You will be facing 12:00 (after 1st rocking chair)

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