

Guai Chang 拐杖

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Phrased Intermediate
編舞者: Indahwati Rahardja (INA) - July 2025
音樂: 拐杖 - 马健涛



Sequence : A,B,B,A, A,B,B,A,A,A,A,APart A: 16C

Sec 1: Step Back 1/2T Sweep, Back, Back, Basic NC L/R, 1/4T Step Back,Turn 1 3/8
(Easy Option: 3/8Turn facing 1.30)

1 RF step back 1/2 turn L sweep (facing 6.00)
2&3 LF cross behind R, RF step back, LF side step
4&5 RF cross behind L, LF cross over R, RF side step
6&7 LF cross behind, RF cross over L, 1/4 turn R LF step back (facing 9.00)
8& 3/8 turn R RF step, 1/2 turn R LF step (facing 7.30)

Sec 2: Diamond 1/4 Right, Arabesque,Run 3X,Step Back 2X

1 1/2 turn R RF step side (facing 1.30)
2&3 LF step fwd, RF step fwd, 1/8 turn R LF side step (facing 3.00)
4&5 RF step back, LF step back, 1/8 turn R RF step side arabesque lift LF (facing 4.30)
6&7 Step fwd x3 (L, R, L)
8& Step back x2 (R, L)

Part B : 16C (Squaring 1/8 turn R)

Sec 1: Sway R/L,Cross Rock R/L,Step Together w Body Roll

1,2 Sway R, L
3&4 RF cross , LF Recover, RF side step
5&6 LF cross, RF recover, LF side step
7,8 RF step fwd, LF next to R (option: with Reverse Body Roll)

Sec 2: Side , Drag, Spiral Full Turn,Side Step, Syncopated Spot 1/2 T Cross, Recover, Cross

1, 2 RF side step, drag
3 ,4 LF cross over R, Spiral turn R (facing 12.00)
5 RF side step
6&7 LF cross over R, 1/2 turn R recover on RF, LF cross over R (facing 12.00)
8& RF recover, LF in place

Have fun 💎 ♥ 💎 💎

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