Friday Night

級數: Intermediate

編舞者: Luke Watson (AUS) - April 2025

音樂: Friday Night - The Wet Whistles : (Spotify)

Start with weight on Left Foot, 2 seconds into the track.

[1-8] Walk Fwd x2, Rock Side, Recover, Cross, Step Side, Sailor Shuffle, Step Behind

- 1,2&3,4 Walk Fwd R, L, Step/Rock R to R Side (&), Recover onto L, Cross R In front of L
- 5,6&7,8 Step L to L Side, Cross R behind L Step L to L Side (&), Recover onto R (Sailor Shuffle) Step L behind R

[9-16] Step Side, Hold, Step Together, Step Side, Touch, Roll Left, Scuff

- 1,2&3,4 Step R to R side, Hold, Step L beside R (&) Step R to R side, Touch L Beside R
- 5,6,7,8 Stepping L,R,L Make a 1 ¼ turn L,(9.00) Scuff R Fwd

[17-24] Step Fwd, Hold, Step Together, Step Fwd, Scuff, Rock Fwd, Recover, Walk Back x2

- 1,2&3,4 Step Fwd on R, Hold, Step L Beside R (&), Step Fwd on R, Scuff L Fwd
- 5,6,7,8 Step/Rock Fwd onto L, Recover Back onto R, Walk Back L, R

[25-32] Side Rock, Recover, Cross Behind, Side Rock, Recover, Cross Behind Step ¼ turn, Step Fwd ¼ Turn

- 1,2,3 Step/Rock L to L side, Recover onto R, Cross L behind R
- 4&5 Step/Rock R to R Side, Recover onto L (&), Cross R behind L
- 6,7,8 Making ¼ turn L Step Fwd on L (6.00), Step Fwd on R, Make ¼ turn L (3.00)

[33-40] Cross, Hold, Ball Cross, Point, Touch Front, Point Side, Samba Step

- 1,2 Cross R In front of L, Hold
- &3,4 Step L to Side (&), Cross R In Front of L, Point L to L Side
- 5,6 Touch L in front of R, Point L to L side
- 7&8 Step/Cross L in front of R, Step/Rock R to R side (&), Recover onto L (Samba Step)

[41-48] Cross, Step ¼ Turn, Step ¼ Turn, Point, Step ¼ Turn, Hitch ½ Turn, Step Back, Sweep

- 1,2,3,4 Cross R in front of L, Making ¼ Turn R step Back on L (6.00), Making ¼ Turn R Step R to R Side (9.00) Point L to L Side
- 5,6,7,8 Making ¼ turn L Step Fwd on L (6.00) Hitch R Knee, Making ½ Turn L Stepping Back on R, Sweep L from Front to Back (12.00)

[49-56] Cross Behind, Side Rock, Recover, Cross Behind, Step Side, Cross Shuffle, Step Side.

- 1,2,3,4 Cross/Step L Behind R, Step/Rock R to R side, Recover onto L, Cross/Step R Behind L
- 5,6&7,8 Step L to L Side, Cross R in Front of L, Step L to L (&), Cross R in Front of L (Cross Shuffle) , Step L to L Side

[57-64] Sailor Shuffle, Cross Behind, Unwind ½ Turn L, Jazz Box

- 1&2 Cross R Behind L, Step L to L Side (&) Recover onto R (Sailor Shuffle)
- 3,4 Cross L Behind R, Unwind ¹/₂ Turn L finishing with weight on L
- 5,6,7,8 Cross R In Front of L, Step Back onto L, Step R to R Side, Step Fwd on L

Restart: On Wall 5 dance up to count 48 then Cross/Step L behind R, Step/Rock R To R Side, Recover onto L, Touch R beside L then Restart facing 12





拍數: 64

牆數:2