

Not So Bad Remix

COPPER **KNOB**
STEPSHEETS

拍數: 72 牆數: 2 級數: Low Improver
編舞者: Irene Tobing (INA) - July 2025
音樂: Thank You (Not So Bad) Remix Dimitri Vegas & Like Mike & Tiesto & Dido & W&W



No Tag, No Restart

Sequence A(32) A(32) B(40) A(32) A(32) A(32) A(32)

PART A(32 Count)

SEC1 : GRAPEVINE R L

1 2 Step R side (1), Step L behind R (2)
3 4 Step R side (3), Step L touch next to R(4)
5 6 Step L side (5), Step R behind L(6)
7 8 Step L side (7), Step R touch next to L(8)

SEC.2 : MONTEREY 1/4 RIGHT, JAZZ BOX

1 2 Step R side touch (1) , 1/4 Turn right step R together (2) [3:00]
3 4 Step L side touch (3), Step L together (4)
5 6 Step R cross L (5) , Step L behind R (6)
7 8 Step R side L (7), Step L forward

SEC.3 : Lindi R L, Rock Recover

1&2 Step R side (1) Step L together R (&), Step R side (2)
3 4 Step L rock back (3), Step R Recover (4)
5&6 Step L side (5) Step R together L (&), Step L side (6)
7 8 Step R rock back (3), Step L Recover (4)

SEC.4 : Forward Shuffle, Pivot Turn, Forward Shuffle

1&2 Step R Forward (1), Step L together (&), Step R Forward (2)
3 4 Step L forward (3), 1/2 Turn step R BW on R(4)
5&6 Step L Forward (1), Step R together (&), Step L Forward (2)
7 8 1/4 Turn Step R (7), Step L together (8)

Part B(40 Count)

SEC.1 : Basic Night Club (BNC), Side behind forward, Sweep

1 2& Step R to right (1), step L behind right (2), Cross R over left(&)
3 4& Step L to left (3), Step R behind left (4), Step L to left (&)
5 6& Step R forward sweep L from back to Front (5), Step L cross over R (6), Step R to right (&)
7 8& Step L back sweep R from front to back (7), Step L back (8), Step R together (&)

SEC.2 : Full Fall away Diamond

1-2& Step R to right (1), Turn 1/8 left step L back (2), Step right back (&) [10:30]
3-4& Turn 1/8 left step L to left, Turn 1/8 left step R forward, Step L forward [7:30]
5-6& Turn 1/8 left step R to right (5), Turn 1/8 left step L back (6), Step R back (&) [4:30]
7-8& Turn 1/8 left step L to left (7), Turn 1/8 left step R forward (8), Step L forward (&) [1:30]

SEC.3 : Full Fall away Diamond

1-2& Step R to right (1), Turn 1/8 left step L back (2), Step right back (&) [10:30]
3-4& Turn 1/8 left step L to left, Turn 1/8 left step R forward, Step L forward [7:30]
5-6& Turn 1/8 left step R to right (5), Turn 1/8 left step L back (6), Step R back (&) [4:30]

7-8& Turn ½ left step L to left (7), Turn ½ left step R forward (8), Step L forward (&) [1:30]

SEC.4 : Basic Night Club (BNC), Side behind forward, Sweep

1 2& Step R to right (1), step L behind right (2), Cross R over left(&)

3 4& Step L to left (3), Step R behind left (4), Step L to left (&)

5 6& Step R forward sweep L from back to Front (5), Step L cross over R (6), Step R to right (&)

7 8& Step L back sweep R from front to back (7), Step L back (8), Step R together (&)

SEC.5 : Full Fall away Diamond

1-2& Step R to right (1), Turn ½ left step L back (2), Step right back (&) [10:30]

3-4& Turn ½ left step L to left, Turn ½ left step R forward, Step L forward [7:30]

5-6& Turn ½ left step R to right (5), Turn ½ left step L back (6), Step R back (&) [4:30]

7-8& Turn ½ left step L to left (7), Turn ½ left step R forward (8), Step L forward (&) [1:30]

Enjoy the dance & have a good day ☐
