See Me Rise

拍數: 32

級數: Absolute Beginner

編舞者: Lynn Funk (USA) - July 2025

音樂: Rise - Calum Scott

或: Dreamers (feat. FIFA Sound) (Music from the FIFA World Cup Qatar 2022 Official Soundtrack) - Jung Kook & BTS

Dance starts on vocals about 8 counts from start of music. (Walls: 1 or 4)

Other Music: Dreamers - Junk Kook & BTS - Starts 32 counts from start of music.

Walk Forward with Left Kick, Walk Back with Touch

1-4 Walk RF Forward, Walk LF Forward, Walk RF Forward, Kick LF Forward
5-8 Step Back on LF, Walk Back on RF, Walk Back on LF, Touch R Toe Next to LF

V-Steps x 2

- 1-4 Step RF Forward at Right Diagonal, Step LF Forward at Left Diagonal, Step RF Back to Center, Step LF Back Next to RF
- 5-8 Repeat Steps 1-4

Side Touches R/L

- 1-4 Step RF to Right, Touch L Toe Next to RF, Step LF to Left, Touch R Toe Next to LF5-8 Repeat Steps 1-4
- Grapevine R/L

1-4 Step RF to Right, Step LF Behind RF, Step RF to Right, Touch L Toe Next to RF 5-8 Step LF to Left, Step RF Behind LF, Step LF to Left, Touch R Toe Next to RF or 5-8 Step LF to Left, Step RF behind LF, Turn 1/4 Left Stepping LF to Left (9:00), Touch R Toe Next to LF Left Turning Grapevine option for 4 wall dance.

End of Dance. No Tags, No Restarts.

This dance was designed more for fun with the music with optional bringing hands up during the song on the words "gonna see me rise" and can be a floor split to other higher level dances to the song Rise. I did put in an option for a turn for higher level beginner dancers. The steps in this dance are basic line dance steps to help new dancers with easy steps and to feel the rhythm.

Thank you for viewing my dance.

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牆數:1