Us-사랑하나요

拍數: 32

級數: Beginner / Improver

編舞者: Sunai Chung (KOR) - July 2025

音樂: 사랑하나요 - Lee Seung Hwan

Intro: 32 count intro (approx. 13 sec), start before lyrics Tags: 2 tags after Wall 3 and Wall 7, facing 6:00

Section 1: Basic K-Step with Clap

- 1-2 Step right diagonally forward right, touch left beside right (clap)
- 3-4 Step left diagonally back left, touch right beside left (clap)
- 5-6 Step right diagonally back right, touch left beside right (clap)
- 7-8 Step left diagonally forward left, touch right beside left (clap)

Section 2: K-Step Variation with Finger Snap

- 1-2 Step right diagonally back right, touch left beside right (finger snap)
- 3-4 Step left diagonally forward left, touch right beside left (finger snap)
- 5-6 Step right diagonally forward right, touch left beside right (finger snap)
- 7-8 Step left diagonally back left, touch right beside left (finger snap)

Section 3: Vine Right, Vine Left with 1/4 Turn

- 1-2 Step right to side, cross left behind right
- 3-4 Step right to side, touch left beside right
- 5-6 Step left to side, cross right behind left
- 7-8 Turn ¹/₄ left stepping left forward, brush or touch right beside left (9:00)

Section 4: Diagonal Steps & Hip Bumps

- 1-2 Step right diagonally forward right, hold
- 3-4 Step left diagonally forward left, hold
- 5-6 Bump hips right, bump hips left
- 7-8 Bump hips right, bump hips left

Tag (8counts)

2 Tags :After Wall 6 and Wall 12

Tag: Counts: 8 (Repeat twice)After wall 6 (6:00) & wall 12 (12:00)

- Right hand to lips → extend forward (kiss) Left hand to lips → extend forward (kiss)5-8: Both 1-4 hands to lips \rightarrow extend forward together (kiss)
- 5-8 Right hand to lips \rightarrow extend forward (kiss) Left hand to lips \rightarrow extend forward (kiss)5-8: Both hands to lips \rightarrow extend forward together (kiss)
- 9-16 Repeat

Optional Styling – for "우리 둘이서" lyric part

At the end of the dance (last wall or final ending), dancers can use this hand styling: Extend index and middle fingers together, and open-close twice to express "us two together."

□ Styling tips K-Steps: Use clap (Section 1) and finger snaps (Section 2) for accent. Vine: Smooth and flowing. Hip bumps: Playful and expressive. Tag: Emotional highlight — take time with arms and finishing





牆數: 4

Last Update: 14 Jul 2025