

Ooh Aah Shake Shake Shake

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Sue Korek (USA) - 13 July 2025
音樂: Oooh-Aah (Catalina) - Mindi Abair
或: (Shake Shake Shake) Shake Your Booty - KC and the Sunshine Band



Alternate Music:

(Shake Shake Shake) Shake Your Booty – KC & The Sunshine Band (1 January 1976) Intro: 32 counts, bpm=112

Intro: after 32 counts of steady beat (36 secs)

Section 1 (HIP BUMPS 2R 2L, V-STEP)

1-2 Bump R hip twice to right
3-4 Bump L hip twice to left
5-6 Step R diagonally right, step L diagonally left
7-8 Step R right back, step L back

Section 2 (CROSS ROCK, SIDE ROCK, BEHIND, SWEEP, STEP, STEP)

1-2 Cross rock R over L, recover on L
3-4 Rock R to right side, recover on L
5-6 Step R behind L, sweep L behind R
7-8 Step L behind R, step R beside L

Note: Sweep constitutes one count.

Section 3 (CROSS ROCK, SIDE ROCK, BEHIND, SWEEP, STEP, STEP)

1-2 Cross rock L over R, recover on R
3-4 Rock L to left side, recover on R
5-6 Step L behind R, sweep R behind L
7-8 Step R behind L, step L beside R

Note: Sweep constitutes one count.

Section 4 (TWO CROSS POINTS, JAZZ BOX 1/4 TURN RIGHT)

1-2 Cross R over L, point L out
3-4 Cross L over R, point R out
5-6 Cross R over L, step L back
7-8 1/4 turn right step R, step L beside R

Contact: suekorek@gmail.com

Last Update: 14 Jul 2025