S4H Ota Aka on the Avenue



拍數: 72 牆數: 1 級數: Improver

編舞者: Ms. Scherri Conner (USA) - July 2025

音樂: On the Avenue (feat. Kami Hooligann) - J'cenae



I believe soul line dances are usually learned by watching people dance it and memorizing the steps and how they fit the music, making strong musical muscle memories. This dance, fortunately, also lends itself to being counted and written into a step sheet for other learning preferences. The counts are based on the rhythm of the music.

PART 1: 8 COUNTS

STEP, TIC (TAP), STEP, QUARTER LEFT TURN, STEP, TIC, STEP, STEP

1&2& Small step forward on right, tic/tap left foot behind right, step on left, quarter turn left/recover

on right

3&4& Small step forward on left, tic right foot, step on right, step on left in place

5 6 7 8 Small kicks in place: right, left, right, left

REPEAT PART 1 THREE MORE TIMES TO RETURN TO FACE FRONT

PART 2: 16 COUNTS

SHUFFLE TURNS (HALF RIGHT, QUARTER LEFT, HALF RIGHT, 3/4 LEFT)

1&2 3 4 Shuffle forward right, left, right, step on left making half turn right

5&6 7 8 Shuffle toward back left, right, left, step on right making quarter turn left

9&10 11 12 Shuffle forward right, left, right, step on left making half turn right

13&14 15 16 Shuffle forward left, right, left, step on right making three quarters turn left to return to face

front

REPEAT PART 2

PART 3: 32 COUNTS

LOCKING FORWARD STEPS RIGHT, THEN LEFT

1&2 3&4 Step locking forward right, left, right then left, right, left

5 – 8 REPEAT STEPS 1-4 ABOVE

BACKWARD HOOD WALKS, EASY RIGHT TURN, IN PLACE CHAS

9&10 11&12 Step back on right dipping/bouncing hips for 9&10, step back on left dipping/bouncing hips 13 14 15&16 Step on right making half turn right ending on left, do triple/cha steps right, left, right in place

LOCKING FORWARD STEPS LEFT, THEN RIGHT

17&18 19&20 Step locking forward left, right, left then right, left, right

21-24 REPEAT STEPS 17-20 ABOVE

BACKWARD HOOD WALKS, EASY LEFT TURN, IN PLACE CHAS

25&26 27&28 Step back on left dipping hips, step back on right dipping hips

29 30 31&32 Step on left making half left turn ending on right, do triple/cha steps left, right, left in place

REPEAT PART 3

REPEAT PART 2 FOUR TIMES

PART 4: 16 COUNTS

SIDE ROCKS, BEHIND SIDE RECOVER (ONLY DONE ON FRONT WALL), OUT OUT IN IN

1 2 3&4 Rock to right on right, recover on left, right foot behind left to left, left foot out, recover on right

Fock to left on left, recover on left, left foot behind right, right foot out, recover on left

9 10 11&12 Rock to right on right, recover on left, right foot behind left to left, left foot out, recover on right

&13&14 Left foot up in V formation, right foot up in V, right foot back home, left foot back home

together

&15&16 Left foot up in V formation, rightg foot up in V, right foot back home, left foot back home together

REPEAT PART 4

REPEAT PART 2 TWICE

REPEAT PART 1

Submitted by: Bonnie Berns - Email: yaelchina@yahoo.com