

My Heart of Stone

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Improver
編舞者: Ken McMillin (USA) - July 2025
音樂: (Wish I Had A) Heart of Stone - Baillie & The Boys



Intro: 32Ct. July 2025

Step, ball step, back, touch, point, point, point, touch

1&2, 3,4 RF step fwd, LF ball rock recover onto RF, LF back, RF touch to LF
5&6, RF, R side point, Ball switch, LF, L side point, ball switch
7,8 RF, R side point, Touch LF beside RF with clap

Weave, 1/4 L turn, jazz box

1,2,3,4 RF crossover, LF to L side, RF cross behind, LF ¼ turn to L side
5,6,7,8 RF crossover, LF to L side, RF back to R side, LF close

Back Shuffle, back shuffle, rock back, recover, walk, walk

1&2, 3&4 RF back, LF close, RF back, LF back, RF close, LF back
5,6,7,8 RF rock back, recover to LF, RF walk fwd, LF walk fwd

Rock back, recover, ¼ R turning sailor, ½ Turning L sailor, stomp,(R,L)

1,2 3&4 RF rock back, recover to LF, RF swing back with ¼ R turn, step on LF, RF close
5&6, 7,8 LF swing ½ L back, step on RF, LF close, RF stomp, LF stomp

Tag and restart after wall 3

Tag: R rock, recover, shuffle back, L rock back, recover, shuffle fwd, RF step fwd, pivot ½ L, step fwd, pivot ½ R (12 ct)

1,2,3&4 RF step fwd, recover to LF, RF back, LF close, RF back
5,6,7&8 LF step back, recover to RF, LF fwd, RF close, LF fwd
9,10,11,12 RF step fwd, pivot ½ to L, land on LF RF step fwd, pivot ½ to L, land on LF

Learn – Dance – Enjoy - Share