

Coffi

拍數: 32 牆數: 4 級數: Beginner
編舞者: Alice Price (UK) - July 2025
音樂: Coffi Du - Gwibdaith Hen Fran



Intro: 64 counts (26 secs)

Dance with your hands on your hips.

Section 1: Walk forward R,L,R, point, Walk back L,R,L, touch

1,2,3,4. Walk RF, LF, RF, point LF out to L
5,6,7,8 Walk back LF, RF, LF, touch RF next to LF

Section 2: Grapevine right, side step L, slide, swivel

1,2,3,4 Step RF to right, LF behind RF, step RF to right, touch LF next to RF
5,6,7,8 Step LF to the left, slide RF next to LF, swivel heels together right, swivel heels together back to centre

Section 3: Grapevine left, side step R, slide, swivel

1,2,3,4 step LF to left, RF behind LF, step LF to left, touch RF next to LF
5,6,7,8. Step RF to right, slide LF next to RF, swivel heels together right, swivel heels together back to centre.

Section 4: hop back touches, hop 1/4 R, hop L, touch

1,2,3,4 hop back on to RF, touch L toe next to RF, hop back on to LF, touch R toe next to LF
5,6,7,8 hop 1/4 right on to RF, touch L toe next to RF, hop left on to LF, touch R toe next to LF.

I hope you enjoy this little welsh song and dance
