Northern Lights (EZ)



拍數: 16 牆數: 4 級數: Improver

編舞者: Duma Kristina S (INA) - July 2025 音樂: Northern Lights - Teddy Swims



Intro music 8 counts Start dance on vocal lyric 1 tag, No restart

S1. Walk L-Reverse Coaster Step-Sweep, Cross Behind-Turn 1/4R Forward, Pivot 1/2R, Turn 1/4R Side-Close

1 – 2&	Step LF forward, Step RF forward, Close LF together
3 – 4&	Step RF backward with Sweep LF from front to back, Cross LF behind RF, Turn ¼ right Step RF forward (3.00)
5 – 6&	Step LF forward, Turn ½ right Step RF in place (9.00), Turn ¼ right Step LF to side (12.00)
7 – 8&	Turn ½ right Close RF together (1.30), Step LF forward, Turn ½ left Step RF to side (12.00)

S2. Rock Back Diagonal-Recover, Hinge Turn 5/8R - Basic Night Club, Turn 1/4L Forward-Sweep, Cross-Sweep, Cross-Side, Cross Behind-Side

1 – 2&	Turn ⅓ left Rock LF backward (10.30), Recover on RF, Turn ¾ right Step LF backward (3.00)
3 – 4&	Turn ¼ right Step RF to side (6.00), Cross LF slightly behind RF, Cross RF over LF
5 – 6	Turn 1/2 left Step LF forward with sweep RF from back to front (3.00), Cross RF over LF with
	sweep LF from back to front
7&–8&	Cross LF over RF, Step RF to side, Cross LF behind RF, Step RF to side

Tag after end Wall 4: 8 counts (12.00)

Walk L, Reverse Coaster Step-Sweep, Cross Behind-Side, Cross Rock-Recover (R-L)

1 – 2&	Step LF forward, Step RF forward, Close LF together
3 – 4&	Cross RF behind LF with sweep LF from front to back, Cross LF behind RF, Step RF to side
5 – 6&	Cross rock LF over RF, Recover on RF, Step LF to side
7 – 8&	Cross rock RF over LF, Recover on LF, Step RF to side

Enjoy the dance

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