

# I'm Rising Up

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Haylie Petho (AUS) - July 2025  
音樂: Sticks & Stones - Lauren Spencer Smith



Restarts: 0 - Tags: 1

**WALL 4 - After L Coaster step - Facing 12:00**  
R step Forward, L step Together.

Intro: Approx 16 counts on start of lyrics

## **R SIDE STOMP - HOLD, R SAILOR, L SAILOR**

1-4              Stomp R to R side (1), Hold (2-4)  
5-8              Cross R behind L (5), step L to L side (&), step R to R side (6) Cross L behind R (7), step R next to L (&), step L to L side (8)

## **R STEP, L STEP, R STEP JUMP ½ TURN L KICK, L COASTER, R & L STEP OUT**

1-4              Step R forward (1), Step L forward (2), Step R Forward & Jump ½ turn with L kick (3 & 4)  
5-8              Step back on L (5), step R next to L (&), step forward on L (6), R step forward out (7) L step forward out (8)

## **BUTT CIRCLE, KNEE POP TOGETHER, KNEE POP FORWARD**

1-4              Butt circle behind L - R (1-3), Jump R foot to L - R knee popped (4) together(4)  
5-8              Pop L knee with lil jump forward (5), Pop R knee with lil jump forward(6), Pop L knee with lil jump forward (7), Pop R knee with lil jump forward (8) (Feet stay together while moving forward)

## **R SIDE ROCK CROSS, L SIDE ROCK CROSS, R CROSS UNWIND FULL TURN**

1-4              Step R to R (1), Recover (&) Cross R over L (2) Step L to L (3), Recover (&) Cross L over R (4)  
5-8              Cross R over L (5) Unwind full turn (6-8)

## **START AGAIN**

**TAG: WALL 4 after L coaster, you will be facing 12:00**  
R step Forward, L step Together

This song is everything power, attitude & sass, a reminder you are above it all!

**BRING IT! <3**