No Parking (on the Dance Floor)

牆數:4

級數: Absolute Beginner / Easy Beginner

編舞者: Celia Costa (USA) - July 2025

音樂: No Parking On the Dance Floor - Pepe Marquez : (Album: Pepe Marquez)

No tags, No restarts

拍數: 32

Intro: 32 count (start on lyrics, approx. 18 secs)

By omitting the options, this dance remains an Absolute Beginner

Section 1: STEP, POINT L, STEP, POINT R, STEP BACK, TOUCH, STEP FORWARD TOUCH

- 1-2 Step RF forward, point LF to left side
- 3-4 Step LF forward, point RF to right side
- 5-6 Step RF back, touch L toe in front of R foot
- 7-8 Step LF forward, touch R toe behind
- Styling: Dip forward on counts 7-8

Section 2: DIAGONAL STEPS BACK WITH TOUCHES x2, HIP ROCKS/BUMPS RLRL

- 1-2 RF steps back on the diagonal, LF touches next to RF
- 3-4 LF steps back on the diagonal, RF touches next to LF

5,6,7,8 Step RF to side to Rock/Bump hips R-L-R-L (weight ends on LF)

Section 3: VINE RIGHT WITH TOUCH, VINE 1/4 TURN LEFT WITH SCUFF

- 1,2,3,4 Step RF to R side, step LF behind, step RF to R side, touch LF next to RF (12:00)
- 5,6,7,8 Step LF to L side, step RF behind, step LF to the L making a 1/4 turn to L (9:00), Scuff RF
- Option: Replace Vine(s) with Rolling Vine

Section 4: RF ROCKING CHAIR X2

1,2,3,4 RF rocks forward, recover onto LF, RF rocks back, recover onto LF

5,6,7,8 RF rocks forward, recover onto LF, RF rocks back, recover onto LF

Option: Replace counts 5-8 with 1/2 pivot x2

RF steps forward, 1/2 turn to L with weight coming to LF (3:00)

RF steps forward, 1/2 turn to L with weight coming to LF (9:00)

Begin Again

Dance will end facing 9:00 after wall 13, and there are two OPTIONAL endings by replacing counts 5-8 of Section 4.

Option 1 (Easier): RF rocks forward, recover onto LF, 1/4 turn R stepping onto RF, touch L next to RF Option 2: 1/2 pivot L, 1/4 pivot L

RF steps forward, 1/2 turn to L with weight coming to LF (3:00)

RF steps forward, 1/4 turn to L with weight coming to LF (12:00)

Email: celia828nc@gmail.com



