

Monday Monday AB

COPPER KNOB
STEPPERS

拍數: 48 牆數: 4 級數: Absolute Beginner
編舞者: Annemaree Sleeth (AUS) - July 2025
音樂: Monday, Monday - The Mamas & The Papas
或: Creeque Alley - The Mamas & The Papas
或: When Tomorrow Comes - Eurythmics



Intro 16 Counts 10 seconds in On Word Monday
16 Count Intro Start On 2nd Monday

SEC 1 1-8 ROCKING CHAIR, VINE, TOUCH

1 – 2 Rock Forward Right, Recover Left
3 – 4 Rock Right Back, Recover Left
5 – 6 Step Right Side, Cross Left Slightly Behind Right
7 – 8 Step Right Side, Touch Left Beside Right

SEC 2 9 - 16 ROCKING CHAIR, VINE, TOUCH

1 – 2 Rock Forward Left, Recover Right
3 – 4 Rock Left Back, Recover Right
5 – 6 Step Left Side, Cross Right Slightly Behind Left
7 – 8 Step Left Side, Touch Right Beside Left

SEC 3 17 – 24 RIGHT ¼ VINE, TOUCH, LEFT VINE, TOUCH

1 – 2 Step Right Side, Cross Left Slightly Behind
3 – 4 Step Turn ¼ Right Forward, Touch Left Beside Right (3.00)
5 – 6 Step Left Side, Cross Right Slightly Behind Left
7 – 8 Step Left Side, Touch Right Beside Left

SEC 4 25 – 32 BACK, HEELS X 4

1 – 2 Step Right Back Flexing Knees, Touch Left Heel Forward
3 – 4 Step Left Back Flexing Knees, Touch Right Heel Forward
5 – 6 Step Right Back Flexing Knees, Touch Left Heel Forward
7 – 8 Step Left Back Flexing Knees, Touch Right Toe/Heel

Snapping Fingers and the Touches

During Wall 9 Facing Front (Dance First 8 Add Tag
Tag Of Vine Left, Touch And 2 Holds

Start on Word 2nd Monday

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Youtube [Frederina521 Annemaree Sleeth](#)

Facebook [Annemaree Dance & Teach](#)
