

Meng (梦)

COPPER KNOB
STEPPERS

拍數: 40 牆數: 1 級數: Novice
編舞者: Mei Xiang (MY) - July 2025
音樂: Meng (梦) - Angela Ching (安祈爾)



Intro : 16 counts

Tag: 16 counts (dance after Intro)

Sec 1: Point cross step cross (R & L)

1-2-3-4 Point LF to L , cross LF over RF, Step RF to R , cross LF over R
5-6-7-8 Point RF to R, cross RF over LF, Step LF to L, cross RF to L.

Sec 2 : Repeat Section 1

Main dance

Restart at wall 3 & 5 after 8 counts

Section 1 : Point walk fwd L-R-L, Point walk back R-L-R

1-2-3-4. Point LF to L, walk fwd L-R-L.
5-6-7-8. Point RF to R walk fwd R-L-R

(Restart here at wall 3 & 5)

Sec 2 : Point Cross Full Turn.

1-2-3-4. Point LF to L, Cross LF over RF, ¼ L step RF back, ¼ L step LF to L.(6:00)
5-6-7-8. Point RF to R, cross RF over LF, ¼ L step LF back, ¼ L step RF to R(12:00)

Sec 3: Point cross step together, Point rock back, recover , Kick.

1-2-3-4. Point LF to L, Cross LF over RF, recover on RF, step LF next to RF.
5-6-7-8. Point RF to R, rock RF behind LF , recover on LF, kick RF diagonally to R

Section 4: Jazz box ½ turn R, Point rock back, recover, Step Fwd.

1-2-3-4. Cross RF over LF, ¼ R step LF back,(3:00) ¼ turn R Step RF to R , (6:00) Step LF to L .
5-6-7-8. Point RF to R, rock RF behind LF , recover on LF, Step RF fwd

Section 5 : ½ turn R hitch , rock fwd, recover, together.

1-2-3-4. ½ turn R hitch LF, (12: 00) rock fwd on LF, recover on RF, Step LF next to RF.
5-6-7-8. Hitch RF, rock fwd, recover on LF , Step RF together.(12:00)

Ending: At count 24 wall 7 , after Kick RF diagonally to R , Step RF to R and pose.

Happy dancing.

Last Update: 26 Jul 2025