Kactus Jive



拍數: 48 牆數: 2 級數:

編舞者: Vicki Wenc (USA)

音樂: Cease and Desist - Delbert McClinton



POINT, HOLD, POINT, HOLD, KICK, KICK, TRIPLE TURN

1-2 Point right toe out to right side, hold

&3-4 Step right foot next to left, point left toe out to left side, hold

&5 Step left foot next to right, kick right foot forward

6 Kick right foot out to right side

7&8 Triple right-left-right as you make ½ turn right

POINT, HOLD, POINT, HOLD, KICK, KICK, TRIPLE TURN

1-2 Point left toe out to left side, hold

&3-4 Step left foot next to right, point right toe out to right side, hold

&5 Step right foot next to left, kick left foot forward

6 Kick left foot out to left side

7&8 Triple left-right-left as you make ½ turn left

WALK, WALK, CROSS, HOLD, CROSS, HOLD, 1/4 TURN LEFT

1-2 Walk forward right foot, walk forward left foot

& Step right foot ¼ turn left

3-4 Cross left foot across in front of right foot, hold

& Step right foot to right side

5-6 Cross left foot across in front of right foot, hold

7-8 Step right foot back into ¼ turn left, step left foot next to right

Styling option: slide left hand up left hip as you cross & hold.

POINT CROSSES

1	Point right toe out to right side
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Step right foot across in front of left foot/snap fingers

3 Point left toe out to left side

4 Step left foot across in front of right foot/snap fingers

5 Point right toe out to right side

6 Step right foot across in front of left foot/snap fingers

7 Point left toe out to left side

8 Step left foot across in front of right foot/snap fingers

Styling option: shoulder shimmies in place of finger snaps

MONTEREY TURN, FORWARD, HOLD, FORWARD, HOLD,

1 Point right toe out to right side

2 Make ½ turn right on ball of left as you close right next to left 3-4 Touch left toe out to left side, close left foot next to right foot,

5-6 Step right foot forward (bend right knee and push left hip back as you step forward), hold 7-8 Step left foot forward (bend left knee and push right hip back as you step forward), hold

ATTITUDE WALK-RIGHT, LEFT, RIGHT, LEFT, MONTEREY TURN

1-4 Step forward with small steps- right, left, right, left

As you walk forward bend knee and push opposite hip back, this will give you some attitude. Use shoulders rolls to accent these steps.

5 Point right toe out to right side

6 Make ½ turn right on ball of left as you close right next to left

REPEAT