

Keep It Tight

拍數: 32 牆數: 4 級數: Beginner
編舞者: Louise Larsson (SWE)
音樂: Jam Up and Jelly Tight - Scooter Lee



HEEL, HOOK, HEEL, STOMP, POINT SLAP TWICE

- 1-2 Right heel forward, hook right foot over left knee
- 3-4 Right heel forward, stomp right beside left
- 5-6 Point left toe to left side, lift left foot behind right knee and slap inside of foot with right hand
- 7-8 Repeat 5-6

GRAPEVINE LEFT, SLAP, POINT, SLAP, STOMP, STOMP

- 1-2 Step left to left side, cross right behind left
- 3-4 Step left to left side, lift right foot behind left knee and slap inside of foot with left hand
- 5-6 Point right toe to right side, lift right foot behind left knee and slap inside of foot with left hand
- 7-8 Stomp right to place, stomp left to place

CROSS, SCOOT, STEP, STOMP, HEEL, HOOK, ¼ TURN LEFT, STOMP

- 1-2 Cross right over left, scoot slightly back on right
- 3-4 Step back on left, stomp right beside left
- 5-6 Left heel forward, hook left foot over right knee
- 7-8 Step left to left side and turn ¼ left. Stomp right beside left taking weight

SIDE STOMP TWICE, ½ TURN RIGHT WITH 4 STOMPS

- 1-2 Step right to right side, stomp left beside right taking weight
 - 3-4 Step left to left side, stomp right beside left taking weight
 - 5-8 Stomp right, left, right, left in place turning ½ right
- Option 5-7 stomp, lift the ball and clap it down to floor of count 5&6&7&

REPEAT
