

Keep On Rockin'

COPPER KNOB
STEPPERS

拍數: 0 牆數: 4 級數: Intermediate/Advanced
編舞者: Rita M. Kyle (USA)
音樂: Keep On Rockin' - Confederate Railroad



Sequence: ABC, ABA, ABA

PART A: MAIN PATTERN

ROCKING CHAIRS, TURN, STOMPS

1 Rock forward on right
2 Rock back on left
3 Step right back
4 Rock forward on left
5 Step forward on right
6 Turn ½ over left shoulder
7-8 Stomp right, left

9 Rock forward on right
10 Rock back on left
11 Step right back
12 Rock forward on left
13 Step forward on right
14 Turn ¾ over left shoulder
15-16 Stomp right, left

SLIDE STEPS

Push hands out and down on slides, direction of travel, as if on walker

17 Step right to right
18 Slide left to right
19 Step right to right
20 Slide left to right
21 Step left to left
22 Slide right to left
23 Step left to left
24 Slide right to left

FORWARD, BACK TOUCH STEPS

25-26 Step forward right, touch left by right
27-28 Step forward left touch right by left
28-30 Step back right, touch left by right
31-32 Step back left, touch right by left

ROLLING VINES

33 Step right to right, begin full turn right
34 Step left to right, continuing right turn
35 Step right to completing turn
36 Stomp left up beside right
37 Step left to left, begin full turn left
38 Step right to left continuing right turn
39 Step left to left
40 Stomp up right

STEP, ROCK, STEP, HITCH

- 41 Step forward on right
- 42 Rock back slightly on left
- 43 Rock forward right
- 44 Hitch left forward
- 45-48 Repeat beginning with left

JAZZ BOX, TURNING BOX

- 49 Step right over left
- 50 Step back with left
- 51 Step back with right
- 52 Brush left forward
- 53 Step left over right
- 54 Step back on right
- 55 Step left $\frac{1}{4}$ left
- 56 Brush right beside left

FOOT BOOGIE

- 57 Fan right toe to right
- 58 Fan right heel to right
- 59 Fan right heel to left
- 60 Fan right toes to left
- 61-64 Repeat 57-60 for left to left

PART B: CHORUS PATTERN

Danced on each chorus

- 1 Rock forward on right
- 2 Rock back on left
- 3 Step right back
- 4 Rock forward on left
- 5 Step forward on right
- 6 Turn $\frac{1}{2}$ over left shoulder
- 7-8 Stomp right, left

- 9 Rock forward on right
- 10 Rock back on left
- 11 Step right back
- 12 Rock forward on left
- 13 Step forward on right
- 14 Turn $\frac{3}{4}$ over left shoulder
- 15-16 Stomp right, left

SLIDE STEPS

- 17 Step right to right
- 18 Slide left to right
- 19 Step right to right
- 20 Slide left to right
- 21 Step left to left
- 22 Slide right to left
- 23 Step left to left
- 24 Slide right to left

- 25 Fan right toes to right
- 26 Fan right heel to right

- 27 Fan right heel to left
- 28 Fan right toes to left
- 29-32 Repeat with left to left

RITA BOOGIES

- 33 Twist heels to right
- 34 Twist toes to right
- 35 Twist heels to right
- & Twist toes to right
- 36 Twist heels to right
- 37 Twist heels to left
- 38 Twist toes to left
- 39 Twist heels to left
- & Twist toes to left
- 40 Twist heels to left

PART C: 16 COUNT MUSIC BRIDGE

Do only once after first chorus

- 1 Rock forward right
 - 2 Shift weight to left
 - 3 Step right beside left
 - 4 Hold
 - 5 Rock back on left
 - 6 Shift weight to right
 - 7 Step left beside right
 - 8 Hold
 - 9-10 Step forward right, hold
 - 11-12 Turn $\frac{1}{4}$ left, hold
 - 13-16 Repeat 9-12
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