

Keeping You Forever

COPPER KNOB
STEPSHEETS

拍數: 0 牆數: 1 級數: Intermediate
編舞者: Michelle Holt (UK)
音樂: Forever and for Always - Shania Twain



PART A - FACING 12:00

ROCK FORWARD AND BACK, ROCK AND ACROSS, LEFT SIDE, CLOSE LEFT QUARTER TURN CHASSE

1&2& Rock forward on right, replace weight on left, rock back on right, replace weight on left
3&4 Rock right to the right side, replace weight on left, cross right in front of left
5-6 Step left to the left side, step right next to left
7&8 Step left to left side, step right next to left, step left to left side turning a ¼ turn left

STEP FORWARD ½ TURN PIVOT, ½ TURN TRIPLE STEP, STEP BACK, LOCK, BACK LOCK BACK

9-10 Step forward right, ½ pivot turn left
11&12 Triple step making ½ turn over left shoulder, stepping right, left, right
13-14 Step back left, lock right across in front of left
15&16 Step back left, lock right across in front of left, step back left

ROCK BACK, ROCK AND ACROSS, LEFT SIDE CLOSE, LEFT CHASSE

17-18 Rock back on right, replace weight on left
19&20 Rock right to the right side, replace weight on left, cross right in front of left
21-22 Step left to the left side, step right next to left
23&24 Step left to left side, step right next to left, step left to left side

RIGHT SAILOR STEP, LEFT SAILOR STEP WITH ¼ TURN LEFT

25&26 Step right behind left, step left to left side, step right in place
27&28 Step left behind right, turn ¼ left as you step right in place, step left in place

PART B - FACING 6:00

SWAY HIPS RIGHT, LEFT, WEAVE STEP, SWAY HIPS LEFT RIGHT, WEAVE STEP WITH ¼ TURN RIGHT

1-2 Sway hips to right then left
3&4 Step right behind left, step left to left side, step right across left
5-6 Step left to left side as you sway hips to left then right
7&8 Step left behind right, step right to right side, step left forward as you ¼ turn right

KICK BALL CHANGE, ½ TURN PIVOT, ½ TURN TRIPLE STEP, COASTER BACK

9&10 Kick right forward, step right beside left, step left forward
11-12 Step right forward ½ turn pivot left
13&14 Triple step making ½ turn over left shoulder, stepping right, left, right
15&16 Step back on left, step right beside, step forward on left

RIGHT SHUFFLE FORWARD, ¾ TURN RIGHT AND CROSS, ROCK AND ACROSS, ½ TURN ACROSS

17&18 Right shuffle forward stepping right, left, right
19&20 Step forward left as you begin to make a ¾ turn right, step right to right side, cross left over right (facing 6:00)
21&22 Rock right to right side, replace weight on left, cross right over left
23&24 Step left to left side as you begin a ½ turn right, step right to right side, cross left over right (facing 12:00)

SIDE ROCK, CROSS SHUFFLE, ¼ TURN KICK, BACK LOCK STEP

- 25-26 Rock right to right side, replace weight on left
- 27&28 Cross shuffle (stepping right, left right, traveling to the left)
- 29-30 Step left to left side as you ¼ turn right, kick right leg forward
- 31&32 Step back right, lock left across right, step back right

ROCK BACK AND FORWARD, FORWARD SHUFFLE, ROCK FORWARD AND BACK, BACK SHUFFLE

- 33&34 Rock back onto left, replace weight on right, step forward onto left
- 35&36 Right shuffle forward stepping right, left, right
- 37&38 Rock forward onto left, replace weight on right, step back onto left
- 39&40 Right shuffle back stepping right, left, right

EXTENDED WEAVE STEP, ROCK RIGHT, JAZZ BOX ¼ TURN

- 41&42 Step left behind right, step right to right side, step left across in front of right
- 43&44 Step right to right side, step left behind right, step right to right side, step left across in front of right

You will be stepping as follows: behind, side, in front, side, behind, side, in front

- 45-46 Rock right to right side, replace weight onto left
- 47&48 Cross right over left, step back left as you ¼ turn right, step right in place

TWINKLE STEPS TWICE, ROCK FORWARD, ½ TURN TRIPLE STEP

- 49&50 Step left across in front of right, step right to right side, step left to left side
- 51&52 Step right across in front of left, step left to left side, step right to right side
- 53-54 Rock forward onto left, replace weight back onto right
- 55&56 Triple step making ½ turn over left shoulder, stepping left, right, left

SKATE RIGHT, SKATE LEFT, RIGHT DIAGONAL SHUFFLE FORWARD, SKATE LEFT, SKATE RIGHT, LEFT DIAGONAL SHUFFLE FORWARD

- 57-58 Skate forward on right, skate forward on left
- 59&60 Right shuffle forward towards right diagonal stepping right, left, right
- 61-62 Skate forward on left, skate forward on right
- 63&64 Left shuffle forward towards left diagonal stepping left, right, left

JAZZ BOX, CROSS, TOUCH

- 65-66 Step right across in front of left, step left back
- 67-68 Step right back (&) step left across in front of right, touch right beside left

TAG

At the end of the 2nd time through the dance, dance until count 64 and then dance the tag before the jazz box step touch

TWINKLE STEPS, ROCK FORWARD, ½ TURN TRIPLE STEP TWICE

- 1&2 Step right across in front of left, step left to left side, step right to right side
- 3&4 Step left across in front of right, step right to right side, step left to left side
- 5-6 Rock forward onto right, replace weight back onto left
- 7&8 Triple step making ½ turn over right shoulder, stepping right, left, right
- 9&10 Step left across in front of right, step right to right side, step left to left side
- 11&12 Step right across in front of left, step left to left side, step right to right side
- 13-14 Rock forward onto left, replace weight back onto right
- 15&16 Triple step making ½ turn over left shoulder, stepping left, right, left

Dance tag in between counts 64 & 65 on 2nd time of dancing

On 4th time of dancing dance Part A and then Part A again up to count 20 which will finish with the music.
