K.G. Twist



拍數: 44 牆數: 4 級數:

編舞者: Karen Giles (AUS)

音樂: I Can Walk The Line - Joe Diffie



FOOT TWIST RIGHT, CENTER, LEFT, CENTER; TWICE

1-4 Foot twist right, center, left, center.

5-8 Repeat counts 1-4.

(RIGHT) HEEL, STEP BACK, HEEL, TOUCH

9-12 Touch right heel forward, step back right, touch left heel forward, step back left.

Touch right heel forward, step back right.

Touch left heel forward, touch left to right.

STEP FORWARD, LOCK, FORWARD & TURN 1/4 LEFT, STOMP

17-20 Step forward left, lock right behind left, step forward left while turning ¼ left, stomp right along

side left (with weight) so feet are slightly apart

1/4 TURNING HEEL DROP, RIGHT, LEFT, RIGHT

21 Lift right heel & turn left 1/16, drop right heel. 22 Lift left heel & turn left 1/16, drop left heel.

23-24 Repeat counts 21-22, so left finishes in front of right.

(RIGHT) 2 FORWARD TRIPLES, INLINE SIDE TWIST LEFT, CENTER, TWICE

25-28 Step forward right, close left to right, step forward right, step forward left, close right to left,

step forward left-so left is directly in front of right,

29-32 Twist both heels left, center, left, center.

(RIGHT) KICK BALL CHANGE, TWICE; POINT, CROSS, UNWIND, CLAP

33-34 Kick right foot forward, close right to left, close left to right.

35-36 Repeat counts 33-34

37-38 Point right toe to right, cross right in front of left leg,

39-40 Unwind ½ left, clap.

(LEFT) FORWARD TRIPLE, TURN 1/4 LEFT & STOMP RIGHT, STOMP LEFT

Step forward left, close right to left, step forward left, turning ½ left, stomp right to right (with

weight), stomp left along side right (with weight), so feet are slightly apart

REPEAT