Kick'n It Up



拍數: 16 牆數: 4 級數: Beginner

編舞者: John McFarland (USA)

音樂: Kickin' It Up - John Michael Montgomery



SHUFFLE STEPS TO SIDE & TURNS:

1&2 Shuffle step to right side (right, left, right)

& Pivot to the right ½ turn

3&4 Shuffle step to left side (left, right, left)5&6 Shuffle step to right side (right, left, right)

& Pivot to the right ½ turn

7&8 Shuffle step to left side (left, right, left)

STEP PIVOT, STOMP KICK, CHA-CHA STEP, STEP KICK:

9-10 Step forward right, pivot to the left ¼ turn
11-12 Stomp right foot, kick left foot forward
13&14 Cha-cha step in place (left, right, left)

15-16& Step forward on right foot, kick left foot forward and step on left

Note: This last step is a syncopated step (three steps to two counts of music). As soon as your left foot hits the floor, you've started into the beginning of the dance

REPEAT