# Kickin' Back



編舞者: Thaddeus J. Terzo (USA) 音樂: Kick a Little - Little Texas



#### **VERSES: LEFT UNIT**

# SHUFFLE STEP / ROCK STEP

Step left foot to left side
 Step right foot next to left foot
 Step left foot to left side

3 Rock right foot behind left, weight on it

4 Step left foot, weight on it

### SHUFFLE STEP / ROCK STEP

Step right foot to right side
Step left foot next to right foot
Step right foot to right side

7 Rock left foot behind right, weight on it

8 Step right foot, weight on it

### STEP PIVOT

9 Step left foot forward, weight on it

10 Pivot ½ turn to right, shifting weight to right leg

### STEP PIVOT

11 Step left foot forward, weight on it

12 Pivot ½ turn to right, shifting weight to right leg

# **VINE LEFT / BRUSH**

13 Step left foot out to left side 14 Cross right foot behind left foot 15 Step left foot out to left side 16 Brush right foot next to left foot

### **VINE RIGHT / BRUSH**

17 Step right foot out to right side 18 Cross left foot behind right foot 19 Step right foot out to right side 20 Brush left foot next to right foot

### **SWITCHES**

21 Jump to left, crossing right in front of left

22 Hold for one beat

23 Jump to left, crossing right in front of left

24 Hold for one beat

# JUMP, CROSS, TURN, HOLD

25 Jump slightly, both legs out to sides

26 Jump slightly, crossing right in front of left

27 Pivot ½ turn to left on balls of both feet (untwisting legs)

Hold for one beat

### **BOOT SLAPS**

30 Pivot ¼ turn left as right foot kicks to right, slap boot with right hand

Right foot kick in front of left leg, slap boot with left hand

Right foot kick to right, slap boot with right hand

#### **VERSES: RIGHT UNIT**

#### SHUFFLE STEP / ROCK STEP

33 Step right foot to right side & Step left foot next to right foot 34 Step right foot to right side

35 Rock left foot behind right, weight on it

36 Step right foot, weight on it

### SHUFFLE STEP / ROCK STEP

37 Step left foot to left side
& Step right foot next to left foot
38 Step left foot to left side

39 Rock right foot behind left, weight on it

40 Step left foot, weight on it

#### STEP PIVOT

41 Step right foot forward, weight on it

42 Pivot ½ turn to left, shifting weight to left leg

#### STEP PIVOT

43 Step right foot forward, weight on it

44 Pivot ½ turn to left, shifting weight to left leg

# **VINE RIGHT / BRUSH**

Step right foot out to right side
Cross left foot behind right foot
Step right foot out to right side
Brush left foot next to right foot

#### VINE LEFT / BRUSH

Step left foot out to left side
Cross right foot behind left foot
Step left foot out to left side
Brush right foot next to left foot

### **SWITCHES**

Jump to right, crossing left in front of right

Hold for one beat

Jump to right, crossing left in front of right

Hold for one beat

# JUMP, CROSS, TURN, HOLD

57 Jump slightly, both legs out to sides

Jump slightly, crossing right in front of left

59 Pivot ½ turn to left on balls of both feet (untwisting legs)

60 Hold for one beat

### **BOOT SLAPS**

61	Right foot kick behind left leg, slap boot with left hand
62	Pivot ¼ turn left as right foot kicks to right, slap boot with right hand

Right foot kick in front of left leg, slap boot with left hand

Right foot kick to right, slap boot with right hand

#### **CHORUS UNIT**

### STEP, STEP, KICK-BALL-CHANGE

Step right foot forward, weight on it Step left foot forward, weight on it

Kick right foot forward
Weight on ball of right foot
Change weight to left foot

### STEP PIVOT / TURN

69 Step right foot forward, weight on it

70 Pivot ½ turn to left, shifting weight to left leg

71 Step right, pivot ½ turn to left, weight on balls of feet

Step left behind right, pivot ½ turn to left, end with weight on left
Step right, pivot ¼ turn to left, end with weight on right heels

73 Left heel out at 45 degree angle 74 Left foot home, weight on it 75 Right heel out at 45 degree angle 76 Right foot home, weight on it 77 Left heel out at 45 degree angle 78 Left foot home, weight on it Right heel out at 45 degree angle 79 80 Right toe touch behind left foot

#### **VINE RIGHT / BRUSH**

Step right foot out to right side
Cross left foot behind right foot
Step right foot out to right side
Brush left foot next to right foot

### **VINE LEFT / BRUSH**

Step left foot out to left side
Cross right foot behind left foot
Step left foot out to left side
Brush right foot next to left foot

### STEP BACK-2-3 / HITCH

Step back on right foot, weight on it Step back on left foot, weight on it Step back on right foot, weight on it

92 Hitch left knee

# STEP, SLIDE, STEP, STOMP

93 Step left foot forward, weight on it

94 Slide right foot up behind left foot, weight on it

95 Step left foot forward, weight on it

Stomp right foot next to left foot, leave weight on left foot

97-128 Repeat steps 65-96

INS	FR'	T #1

INSERT #1	
1	Kick right heel forward
&	Bring right foot home, weight on it
2	Kick left heel forward
&	Bring left foot home, weight on it
3	Kick right heel forward
&	Bring right foot home, weight on it
4	Kick left heel forward
&	Bring left foot home, weight on it
5	Step right foot forward, weight on it
6	1/4 turn to left, shifting weight to left foot

7-8 Touch right foot home, hold

Jump slightly to right, weight on right foot &

9 Left knee pop, lifting left heel, shifting weight to right foot Right knee pop, lifting right heel, shifting weight to left foot 10 Left knee pop, lifting left heel, shifting weight to right foot 11

Hold 12

& Shift weight to left foot

Repeat moves 5-12, leaving weight on right foot 13-20

1-128 Repeat steps 1-128

### **INSERT #2**

1	Kick right heel forward
&	Bring right foot home, weight on it
2	Kick left heel forward
&	Bring left foot home, weight on it
3	Kick right heel forward
&	Bring right foot home, weight on it
4	Kick left heel forward
&	Touch left foot home, leaving weight on right
1-128	Repeat steps 1-128
1-128	Repeat steps 1-128 again
1-4&	Repeat insert #2
1-64	Repeat steps 1-64

# FINISH UP WITH END TAG

1	Step right foot forward, weight on it
2	Step left foot forward, weight on it
3	Step right foot forward, weight on it
4	Step left foot forward, weight on it
5	Kick right heel forward
&	Bring right foot home, weight on it
6	Kick left heel forward
&	Bring left foot home, weight on it
7	Kick right heel forward
&	Bring right foot home, weight on it
8	Kick left heel forward
&	Bring left foot home, weight on it
9	Step right foot forward, weight on it
10	1/4 turn to left, shifting weight to left foot
11-12	Hold

