

# Kimber's Twist

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Gloria Johnson (USA)  
音樂: Good Girls Love Bad Boys - Kimber Clayton



## KIMBER'S TWIST (REMEMBER CHUBBY CHECKER'S "TWIST"?)

1-4      Bending your knees, twist your body down  
5-8      Straightening your knees, twist your body up

## TOE POINTS

9      Touch right heel in front  
10      Touch right toe out to right side  
11      Touch right toe behind  
12      Stomp right foot next to left  
13      Touch left heel in front  
14      Touch left toe out to left side  
15      Touch left toe behind  
16      Stomp left foot next to right

## CHARLESTON STEPS

17      Step forward on right foot  
18      Kick left foot forward  
19      Step back on left foot  
20      Touch right toe behind  
21      Step forward on right foot  
22      Kick left foot forward  
23      Step back on left foot  
24      Stomp right foot next to left

## JUMPING JACKS WITH TURN

25      Jump up landing with feet about 18 inches apart  
26      Jump up landing with right foot crossed in front of left  
27      Unwind body, turning ½ turn to the left

## JUMPING JACKS

28      Jump up landing with right foot at 1:00 o'clock and left foot at 7:00 o'clock  
29      Jump up landing with feet together  
30      Jump up landing with right foot at 5:00 o'clock and left foot at 11:00 o'clock  
31      Jump up landing with feet together  
32      Jump forward on both feet landing with lots of "gusto" (in other words "make some noise")

## REPEAT

On steps 29, 31, and 32, the more energetic dancers may want to "slam stomp" both feet when they land.