The King



拍數: 0 牆數: 2 級數: Intermediate

編舞者: Guyton Mundy (USA)

音樂: My Dog Thinks I'm Elvis - Ray Herndon



Sequence: A, 4 count hold, B, first 40 counts of B (holding on count 39 keeping weight on right), A, B until end of song

PART A

BALL CHANGE, WALK, SIDE ROCK RECOVER, CROSS, TOUCH, ½ TURN, TOUCH, ½ TURN

&1-2	Step back on left, step forward on right, walk forward on left
&3-4	Rock right to right side, recover on left, cross right over left

5-6 Touch left to left, make a half turn to left, feet together with weight ending on left

7-8 Touch right to right, make ½ turn to right, feet together weight on right

BALL CHANGE, ROCK, RECOVER, BALL CROSS, 1/4 TURN WALK TWICE, ROCK RECOVER 1/2 TURN

&1-2-3 Step back on left, step forward on right, rock forward on left, recover right

&4-5-6 Step back on left, cross right over left, make ¼ turn to left walking forward left, right

7&8 Rock forward on left, recover back on right, make a ½ turn to the left stepping forward on left

1/4 TURN BALL CROSS, HOLD, SIDE BEHIND, UNWIND, WALK TWICE, ROCK RECOVER 1/2 TURN

&1-2 Making a ¼ turn to left step right to right, cross left over right, hold

&3-4 Step right to right, hook left behind, unwind a ½ turn to left

5-6 Walk forward right, left

Rock forward on right, recover left, make a ½ turn to the right stepping forward on right

STEP HALF TURN, WALK TWICE, TOUCH, KNEE POPS

&1-2 Step forward on left, pivot ½ turn to right stepping on right, walk forward on left

3-4 Walk forward right, touch left to left side

5-6- Turn left knee in, change weight to left and turn right knee in

7-8 Change weight to right and turn left knee in, change weight to left and turn right knee in

PART B

SHUFFLE, ROCK, RECOVER, SHUFFLE BACK, ½ TURN SHUFFLE

1&2 Shuffle forward right, left, right

3-4 Rock forward on left, recover back on right

5&6 Shuffle back left, right, left

7&8 Make a ½ turn to the right while shuffling right, left, right

SIDE SHUFFLE, ROCK BEHIND, RECOVER, TOE STRUTS

1&2 Shuffle to the left (left, right, left)3-4 Rock right behind left, recover to left

5-8 Walking to the right, touch right toe to side, step on right, touch left toe crossing over right

step on left

KNEE TWIST

1-2	Touching right out to right side swivel knees to left, swivel knees to right
3-4	Swivel knees to the left, swivel knees to right changes weight to right

5-6 Swivel knees to the left, swivel knees to the right

7-8 Swivel knees to the left, swivel knees to the right changing weight to the left

TOUCH, TOUCH, SAILOR TWICE

1-2	Touch right forward, touch right to right side
3&4	Step right behind left, step together with left, step forward on right
5-6	Touch left forward, touch left to left side
7&8	Step left behind right, step together with right, step forward on left

SHUFFLE, ROCK, RECOVER, SHUFFLE BACK, ROCK RECOVER

1&2 Shuffle forward right, left, right

3-4 Rock forward on left, recover back on right

5&6 Shuffle back left, right, left

7-8 Rock back on right, recover back on left

SHUFFLE TWICE, JAZZ BOX

1&2 Shuffle forward right, left, right3&4 Shuffle forward left, right, left

5-6-7-8 Cross right over left, step back on left, step right to right side, step forward on left