Kiss 'n' Tell

級數: Improver

編舞者: Marilyn Metzger (USA)

音樂: Jezabel - Ricky Martin

KICKS, SAILOR SHUFFLES

拍數: 32

- 1-2 Kick right forward, kick right out to right side
- 3&4 Turning body to face slightly right, step right behind left, facing forward, step left to left side, step right slightly forward to right side
- 5-6 Kick left foot forward, kick left out to left side
- 7&8 Turning body to face slightly left, step left behind right, facing forward step right to right side. step left slightly forward to left side

STEP SLIDES, FORWARD ROCK STEP, LEFT COASTER STEP

- 9-10 With weight on left foot, step forward on right, slide left foot up to meet right
- 11-12 Repeat steps 9 and 10
- 13-14 Rock forward on left foot, recover back onto right
- 15&16 Step back on left, step right back together with left, step forward on left

STEP SLIDES, SIDE ROCK CROSS, ½ TURN SWEEP LEFT WITH KICKS

- 17-20 Repeat steps 9-12
- &21-22 Side rock left, take weight onto right while rocking right, cross left foot in front of right taking weight back to left foot
- 23-24 1/2 turn left on ball of left foot, sweeping right foot around- kick right foot forward twice while turning right foot remains in front- no touch

ROCK, RECOVER, RIGHT FORWARD LOCKING SHUFFLE, SIDE ROCK CROSS, ¼ TURN, KICK, TOUCH

- 25-26 Rock step right foot forward, recover back on left foot
- 27&28 Step right forward, step left forward to the right side of right heel, step right forward at slight right diagonal
- &29-30 Side rock left, rock onto right, taking weight on right foot, cross left foot in front of right, taking weight back to left foot
- 31-32 Turn 1/4 turn right on ball of left foot, kick right foot forward as turning, touch right toe beside left foot

REPEAT





牆數:4