Kiss This

拍數: 48

級數: Improver

X: 2

編舞者: Angie Swanson (USA)

音樂: Kiss This - Aaron Tippin

2 RIGHT TURNING SHUFFLES, RIGHT SIDE SHUFFLE, LEFT CROSS ROCK

- 1&2- Shuffle right, left, right as you turn ¼ to the right
- 3&4- Shuffle left, right, left as you turn ³⁄₄ to the right
- 5&6- Shuffle right, left, right to the right side (no turn)
- 7-8 Step left over right, recover right

2 LEFT TURNING SHUFFLES, LEFT SIDE SHUFFLE, RIGHT CROSS ROCK

- 9&10 Shuffle left, right, left as you turn ¼ to the left
- 11&12 Shuffle right, left, right as you turn ³/₄ to the left
- 13&14 Shuffle left, right, left to the left side (no turn)
- 15-16 Step right over left, recover left (as you recover left, swing right foot in front of you in preparation for the forward walk)

WALK, WALK

17-18 Walk forward (right, left)

PENDULUM (RIGHT, LEFT TOE SWITCHES)

19&20& Touch right toe to right side, switch (bring right to place while touching left toe to left side, then switch, bring left to place while bringing right forward)

HEEL SWITCHES

21&22& Touch right heel forward, switch (bring right to place while touching left heel forward, then bring left to place while bringing right forward)

RIGHT SHUFFLE FORWARD, LEFT SHUFFLE FORWARD, ROCK FORWARD

- 23&24 Shuffle forward right, left, right
- 25&26 Shuffle forward left, right, left
- 27-28 Step right in front of left, recover left

RIGHT SHUFFLE BACK, LEFT SHUFFLE BACK, STOMP RIGHT NEXT TO LEFT

- 29&30 Shuffle back right, left, right
- 31&32 Shuffle back left, right, left
- 33 Stomp right next to left (weight should be on left)

RIGHT TOE TOUCH NEXT TO LEFT, RIGHT POINT RIGHT SIDE, CROSS RIGHT OVER LEFT & UNWIND

- 34 Touch right toe next to left at left instep
- 35 Point right toe to right side
- 36 Cross right over left as you unwind a ¹/₂ turn to the left

Cross unwind is done in one continual motion going straight into hip bumps without a pause

2 RIGHT HIP BUMPS, 2 LEFT HIP BUMPS, 2 RIGHT HIP BUMPS, 2 LEFT HIP BUMPS

- 37-38 Bump right hip twice
- 39-40 Bump left hip twice
- 41-42 Bump right hip twice
- 43-44 Bump left hip twice

2 HIP ROLLS





牆數:2

45-46 Hip roll (right hip rolling slightly forward and to the right, back and around, ending at left hip) 47-48 Hip roll (right hip rolling slightly forward and to the right, back and around, ending at left hip)

REPEAT