

La Cucaracha

COPPER KNOB
STEPPERS

拍數: 28 牆數: 4 級數: Beginner
編舞者: Unknown
音樂: All You Ever Do Is Bring Me Down - The Mavericks



MAMBO RIGHT, MAMBO LEFT

- 1&2 With weight on left foot-mambo right (do the move with hip action: take foot out to right side, bring back in next to left.)
3&4 With weight on right foot-mambo left (same as above but to the left)

SQUAT/TWISTING FORWARD WALK

- 5-6-7 Weight on left foot-walk forward on right foot. With tiny-twisted-low steps done quickly
8 Pause

SQUAT/TWISTING FORWARD WALK

- 1-2-3 Weight on right foot-walk forward on the left foot. Done same as above starting with the left
4 Stand tall

STEP BACK AND HITCH LEFT

- 5-6-7 Step back on the right foot-for right, left, right
8 Hitch left-while rocking backward a little

ROCK FORWARD, ROCK BACK, SCUFF, ¼ TURN

- 1 Rock forward
2 Rock back
3 Scuff right foot
4 ¼ turn right

GRAPEVINES RIGHT AND LEFT

- 5-8 Grapevine right
1-4 Grapevine left

REPEAT
