Lake Wales Stroll

拍數: 32

級數: Beginner

編舞者: Nancy Morgan (USA)

音樂: Walking After Midnight - Garth Brooks

TOE TO SIDE, TOGETHER, HEEL FORWARD, CROSS, HEEL FORWARD, TOGETHER, STOMP TWICE Take right toe and place out to your right side (shoulder length), put right foot back in place

- 1-2 3-4 Put right heel forward, cross right foot over left
- 5-6 Put right heel forward, put right heel next to left
- 7-8 Stomp left foot twice next to right

TOE TO SIDE, TOGETHER, HEEL FORWARD, CROSS, HEEL FORWARD, TOGETHER, STOMP TWICE

- 1-2 Take left toe and place out to your left side (shoulder length), put left foot back in place
- 3-4 Put left heel forward, cross left foot over right
- 5-6 Put left heel forward, put left heel next to right
- 7-8 Stomp right foot twice next to left

STEP, SLIDE, STEP, BRUSH, VINE LEFT, STOMP

- 1-4 Step forward on right foot, slide left foot behind right, step forward on right, brush left foot forward
- 5-8 Step forward on left foot, step right foot behind left, set left foot to left side, stomp right next to left

SWIVEL, RIGHT, MIDDLE, LEFT, MIDDLE, THEN, RIGHT-LEFT-RIGHT, MIDDLE

- Get up on balls of feet and swivel your heels to your right 1
- 2 Get up on balls of feet and swivel your heels back to middle
- 3 Get up on balls of feet and swivel your heels to your left
- 4 Get up on balls of feet and swivel your heels back to middle
- 5 Get up on balls of feet and swivel your heels to your right
- 6 Get up on balls of feet and swivel your heels to your left
- 7 Get up on balls of feet and swivel your heels to your right
- 8 Get up on balls of feet and swivel your heels to your left

REPEAT





牆數: 4