

Last Tango

拍數: 64 牆數: 4 級數: Improver tango
編舞者: Ann Kang
音樂: Hernando's Hideaway - Miguel Ortiz & His Orchestra



LUNGE, HOLD, RECOVER, DRAG, STEP BACK, ¼ TURN RIGHT, STEP BACK, TOUCH

- 1-2 Lunge right toward right diagonal (pressing down on right while lifting the left heel), hold
- 3-4 Recover weight on left, drag right foot back beside left foot
- 5 Right step back right diagonal with head (facing 11:00)
- 6 Making ¼ turn right on right ball, left foot step back
- 7-8 Touch right toe in front of left, hold (facing 3:00)

FORWARD, HOLD, FORWARD, HOLD, CROSS, ¼ TURN SIDE STEP, TOUCH, HOLD

- 1-2 Right foot forward, hold
- 3-4 Left foot forward, hold
- 5-6 Cross right over left, turn ¼ left, left step left side
- 7-8 Touch right toe next to left, hold (facing 12:00)

SWAY BACK, SWAY FORWARD, SWAY BACK, HOLD, (2X)

- 1-2 Right back diagonal, hips sway back, hips sway forward
- 3-4 Hips sway back, hold
- 5-6 Left back diagonal, hips sway back, hips sway forward
- 7-8 Hips sway back, hold (facing 12:00)

CROSS, CROSS, TWIST, HOLD

- 1-2 Cross right over left, hold
- 3-4 Cross left over right, hold
- 5-6 Cross right over left, cross left over right
- 7-8 Cross right over left, hold (12:00)

Optional:

- 1-2 Cross right over left, touch left toe diagonally forward left
- 3-4 Cross left over right, touch right toe diagonally forward right

FLICK, KICK, HOOK, ¼ TURN KICK, LOCK STEP SHUFFLE, HOLD

- 1-2 Flick left foot diagonally back (7:00), kick left foot diagonally forward (1:00)
- 3 Hook left foot back right diagonal (4:00),
- 4 Making ¼ turn left and kick left foot forward, (9:00)
- 5-6 Step left forward, step right behind left (lock step)
- 7-8 Step left forward, hold (9:00)

FORWARD, HOLD, PIVOT, HOLD, TOUCH, DRAG, WEIGHT CHANGE

- 1-2 Step right forward, hold
- 3-4 Pivot ½ turn left on left, hold
- 5 Touch right toe to right side while bending the left foot
- 6-7 Drag right foot to the left foot slowly while straighten the left foot (6, 7)
- 8 Change weight to right foot, (3:00)

Optional:

- &5-6 Step right forward, take big step on left foot to left side, drag right foot to left foot
- &7-8 Step right beside left, touch left to left side, hold

CROSS LEFT OVER RIGHT SHUFFLE, HOLD, CROSS RIGHT OVER LEFT SHUFFLE, HOLD

- 1-2 Cross left over right, step right to right
- 3-4 Cross left over right, hold
- 5-6 Cross right over left, step left to left
- 7-8 Cross right over left, hold (3:00)

WEAVE TO THE RIGHT, SWEEP BACK THEN SWEEP FORWARD, TOUCH

- 1-2 Cross left over right, step right to right
- 3 Cross left behind right
- 4 Sweep right out around from front to back, turning body facing 6:00
- 5 Step right back behind left (5th pos) and turn head over right shoulder to face back
- 6 Recover weight on left
- 7 Sweep right from back to front, touch right toe beside left, square body back to 3:00
- 8 Touch (3:00)

REPEAT
