The Last Waltz

拍數: 48

級數: Improver waltz

編舞者: Adrian Churm (UK)

音樂: The Last Waltz - Dave Sheriff

TWO TWINKLES, CROSS ROCKS

- Left foot steps forward and across right, right foot steps to the side, left foot steps in place 1-3
- 4-6 Repeat 1-3 on the opposite foot
- 7-9 Left foot steps forward and across right, replace weight back onto right, left foot steps to the side
- 10-12 Repeat 7-9 on the opposite foot

TURNING CROSS STEP, BACK BASIC, TWO TWINKLES WITH ROLL

- Left foot steps forward make a 1/4 turn left and step right foot to the side, continue to turn a 13-15 further 1/4 left as left foot crosses in front of right. (note: turn moves forward)
- 16-18 Right foot steps back, left foot steps next to right, right foot steps in place
- 19-21 Left foot steps forward and across right, right foot steps to the side, left foot steps in place
- 22-24 Make a ¹/₂ turn to the right moving to the left side as the right foot steps forward and across left, left foot steps to the side, right foot steps to the side
- 25-30 Repeat 19-24

WHISK VARIATION, ROCKS, FORWARD AND BACK BASIC

- 31-33 Left foot steps forward and across right, right foot steps to the side, left foot back and behind right (slight body turn left on step 33)
- 34-36 Repeat 31-34 on the opposite foot with slight body turn right on step 36
- 37-39 Rock forward onto left foot, back onto right foot and forward onto left
- 40-42 Slight turn left to face forward as right foot steps forward, rock back onto the left foot and forward onto the right foot
- 43-45 Left foot steps forward, right foot steps next to left, left foot steps in place
- Right foot steps back, left foot steps next to right, right foot steps in place 46-48

REPEAT





牆數:2