

Let Your Hair Down

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Angela Jones (UK)
音樂: Saturday Night - McFly



RIGHT CHASSE, ROCK BACK, LEFT CHASSE, ROCK BACK

- 1&2 Step right foot to right side touch left foot by right foot, step right foot to right side
- 3-4 Step left foot behind right foot and rock back, replace weight on right foot
- 5&6 Step left foot to left side, touch right foot by left foot, step left foot to left side
- 7-8 Step right foot behind left foot and rock back, replace weight on left foot

RIGHT GRAPEVINE, ¼ TURN, ½ TURN, RIGHT KICK BALL CHANGE

- 9-10 Step right foot to right side, place left foot behind right foot
- 11-12 Step right foot to right side, turning ¼ turn to right, step forward on left foot
- 13-14 Turn ½ turn to right side, stepping forward on left foot
- 15&16 Kick right foot forward, step right foot next to left foot, step left foot in place

SIDE RIGHT, TOUCH, SIDE LEFT TOUCH, RIGHT CHASSE, ROCK, REPLACE

- 17-18 Step right foot to right side, touch left foot next to right foot
- 19-20 Step left foot to left side, touch right foot next to left foot
- 21&22 Step right foot to right side, step left foot next to right foot, step right foot to right side
- 23-24 Step left foot behind right foot and rock back, replace weight on right foot

LEFT WEAVE FOR 8 STEPS WITH ¼ TURN LEFT

- 25-26 Step left foot to left side, step right foot behind left foot
- 27-28 Step left foot to left side, step right foot in front of left foot
- 29-30 Step left foot to left side, step right foot behind left foot
- 31-32 Make ¼ turn to left with left foot, stepping right foot forward

HEEL BOUNCE ½ TURN LEFT, ROCKING CHAIR ON RIGHT FOOT

- 33-34-35-36 Bounce ½ turn to left on heels for 4 bounces
- 37-38 Rock forward on right foot, replace weight on left foot
- 39-40 Rock back on right foot, replace weight on left foot

RIGHT SHUFFLE FORWARD, ROCK, REPLACE, LEFT SHUFFLE BACK, ROCK, REPLACE

- 41&42 Step forward right, close left foot beside right foot, step forward right foot
- 43-44 Rock forward on left foot, replace on right foot
- 45&46 Step back on left foot, close right foot beside left foot, step back on left foot
- 47-48 Rock back on right foot, replace weight onto left foot

2 MONTEREY TURNS MAKING FULL TURN TO RIGHT

- 49-50 Touch right foot to right side, turning ½ turn to right, touch right foot beside left foot
- 51-52 Touch left foot out to left side, step beside right foot
- 53-56 Repeat as above

JAZZ BOX, ¼ RIGHT, JAZZ BOX

- 57-58 Cross right foot over left foot, step back on left foot
- 59-60 Step right foot ¼ turn to right, step left foot beside right foot
- 61-62 Cross right foot over left foot, step back on left foot
- 63-64 Step right foot to right side, step left foot beside right foot

REPEAT

TAG

On wall 3, after step 40, follow with counts 49-56 (Monterey turns) and then restart the dance

RESTART

On wall 6, restart the dance after step 32

ENDING

After end of wall 7, the music slows, so add one more jazz box, followed by a full Monterey to the right, then cross right foot over left foot, turning full turn to left to 8 counts.
