L.G.M. (P)

拍數: 64

級數: Partner

編舞者: Louise Girouard

音樂: Red Dirt Road - Brooks & Dunn

牆數: 0



Position: Open Cross Hand Hold (Face to face, Man LOD, Lady RLOD, Hold left hands) With help from Sylvie Ayotte (Country Gypsies)

POINT, POINT, TRIPLE STEP, POINT, POINT TRIPLE STEP

- 1-4 Point right at 11:00, point right at 1:00, triple step right-left-right in place
- 5-8 Point left at 1:00, point left at 11:00, triple step left-right-left in place

RIGHT GRAPEVINE, TOUCH, STEP, STEP, SCUFF

- 1-4 Step right to right side, cross left behind right foot, step right to right side, touch left beside right
- 5-8 MAN: Step left forward, step right forward, step left forward, scuff right LADY: Steps left, right ½ turn to left (now in reversed side by side), step left forward, scuff right

ROCKING CHAIR, STEP, LOCK, STEP, SCUFF

1-4 Rock forward on right, bring weight back on left, rock back on right, bring weight back on left
5-8 Step right at 2:00, slide left behind right foot, step right at 2:00, scuff left

ROCKING CHAIR, STEP, LOCK, STEP, SCUFF

1-4 Rock forward on left, bring weight back on right, rock back on left, bring weight back on right
5-8 Step left at 10:00, slide right behind left foot, step left at 10:00, scuff right

SHUFFLE 4X

- 1&2 Shuffle forward right-left-right
- Drop left hands, lift right hands passing over man's head
- 3&4 Shuffle forward left-right-left ¹/₂ turn right
- 5&6 Shuffle forward right-left-right ½ turn right

You should now be positioned in Reversed Side By Side

7&8 Shuffle forward left-right-left

GRAPEVINE, HEEL, HOOK, HEEL, TOUCH

Do not let go of hands man passes behind lady

1-4 MAN: Cross right behind left foot, step left to left side, step right beside left foot, touch left LADY: Step right to right side, cross left behind right foot, step right to right side, touch left
 5-8 Touch left heel forward, hook left in front of right, touch left heel forward, touch left beside right foot

STEP, PIVOT ½ TURN, SHUFFLE, GRAPEVINE

1-4 Step left forward, pivot ½ turn right, shuffle forward left-right-left

Do not let go of hands man passes behind lady

5-8 MAN: Cross right behind left foot, step left to left side, step right beside left foot, touch left LADY: Step right to right side, cross left behind right foot, step right to right side, touch left

HEEL, HOOK, HEEL, TOUCH, STEP, STEP, STAMP

1-4 Touch left heel forward, hook left in front of right, touch left heel forward, touch left beside right foot

Drop right hands lift left hands man returns to starting position facing lady

5-8 MAN: Steps left, right forward ½ turn left, step left beside right foot, stamp right

LADY: Steps left, right, left in place, stamp right

REPEAT