

Like A Rock To A Window

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Mia Ekelund (SWE)
音樂: Like a Rock to a Window - Darryl & Don Ellis



TOE STRUT, TOE STRUT, ½ SHUFFLE TURN, ROCK STEP

- 1-2 Step and touch right toe forward, drop right heel down
- 3-4 Step and touch left toe forward, drop left heel down
- 5& Step right to right side while making a ¼ turn left, step left next to right
- 6 Step right foot back while making a ¼ turn left
- 7-8 Step back on left, recover weight onto right

TOE STRUT, TOE STRUT, ½ SHUFFLE TURN, ROCK STEP

- 1-2 Step and touch left toe forward, drop left heel down
- 3-4 Step and touch right toe forward, drop right heel down
- 5& Step left to left side while making a ¼ turn right, step right next to left
- 6 Step left foot back while making a ¼ turn right
- 7-8 Step back on right, recover weight onto left

STEP RIGHT SIDE, CROSS BEHIND, ¾ TURN LEFT

- 1 Step right to right side
- 2 Step left behind right
- 3 Make a ¾ turn left, standing on your toes
- 4 Drop heels to the floor

KICK, STEP BACK, STEP BACK, KICK, STEP BACK, STEP SIDE, CROSS, KICK

- 1 Kick right foot forward
- 2 Step back on right
- 3 Step back on left
- 4 Kick right foot forward
- 5 Step back on right
- 6 Step left to left side
- 7 Step right over left
- 8 Kick left foot diagonally forward to the left

STEP BEHIND, RIGHT ¼ TURN, STEP FORWARD, KICK

- 1 Step left behind right
- 2 Step right to right side making a ¼ turn right
- 3 Step forward on left
- 4 Kick right foot forward

REPEAT
